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SPEAKERS

Hannah Macintyre

Hannah Macintyre 00:02

Hello, and welcome to mediumship matters with me, Hannah McIntyre. And I am super excited to open season fives podcast interviews with the amazing Jennifer Kahn of the medium experience. Hi, Jenny.

00:19 Hello, Hannah,

- Hannah Macintyre 00:21
 - thank you so much for coming on and being patient waiting for me to recover so that we could chat. Oh,
- 00:27
 I'm so excited to be here. I could talk to you all day.
- Hannah Macintyre 00:30

I know, this is the problem. I just had to say didn't like, I'm gonna stop now. Because I could just chat to you for hours. And we wouldn't even get any recording done. But it's so lovely to talk to you and find out a little bit more about you. You are an interesting person. So I met you through your podcast, champagne channelling, which tell us a little bit about that. Let's start with that. How did you get involved in creating a podcast?

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Let's see, well, I guess to answer it. So the podcast is the medium experience. And then I do a feature episode Champaign channelling where I have guest on and that's what I invited you to be part of, because your personality was right up my alley. wonderful time. But that didn't come into play until I got a little bit more footing and competence around mediumship. And the medium experience is it's my experience of mediumship. And I recently just had, I don't know why I'm being called to share this, but I'm going to I was on a live with a very well known medium. There's probably about 400 people on this live, I wasn't I was a listener on this life. And I had asked a question, and this medium read my the medium experience as my name and said, who would call themselves that, that that is just such a peculiar, like any kind of laughed and made fun of it. And, of course, with every trigger, we have to realise that it wouldn't be happening if we weren't equally involved in a lesson. So I just sit with it. And I had to say why? Why is my name the medium experience? Like? Is it a joke? Is it is it? Should I change it? Like I really thought about rebranding, that's how much this this, you know, very well known famous medium had influence over me is that I thought I might be, you know, missing the boat here. But what I realised is that, I believe that we're all mediums. And I believe that our experience is all unique. And I believe that my work with mediumship is to get people more connected to the soul within. And whether they want to have a conversation with souls outside of this human experience or not, is a very personal choice. And as I've gone through my own development in this business, and in my own work as in, you know, just my own evolution of speaking to spirit communicators. I found that I just love everyone's perspective. So I thought, let's, let's demystify some of this and have a glass of champagne and talk about spirit and talk about anything that's going to help us feel a little bit more comfortable in not only the human experience, but the idea that we can communicate to the other side. And everything just sort of has fallen into place.

Hannah Macintyre 03:16

I love it. I love it. I love it. I just went through your website with you know, I mean, I follow you on social media anyway, but just to have a little nosy for inspiration for you came on. And I have to say I laughed out loud at the the only CRYSTAL I'm interested is the one you drink champagne out of line on that. I think it's more eloquent than that. But I just I would this is why we gel.

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I love I love just beautiful glassware. Whether I'm drinking sparkling water or champagne. I mean, I do have discernment around alcohol consumption. But I do love celebratory, I love beauty. And that champagne essence springs that, but I do also love I mean, I have so many crystals around my home. But I say that with the intention of making people realise like, We are the biggest crystal like there is no matter of stage and crystals and prayers. That is going to fix anything if your own beliefs aren't right. And so it's an inside job. We are the crystal we are the magic. We are the intention and so I appreciate crystals. I love them. They are beautiful contribution in this physical world. But I just think that we're more magical.

Hannah Macintyre 04:27

I lava that And I lava valuementa a thinna to be enough I longer that in the wells on when you

I nove that. And I nove your wanting things to be special. I know that in the write up when you invited me onto your podcast, it said you know bring a nice drink in a nice glass. So I did because I follow instructions very well. So but I like that I like that there's I was talking to my students about this the other day about this something energetic that happens when you bring your best self forward, whatever that looks like for you. And yeah, there's moments where you want to be slumping in your pyjamas and not wear any makeup but actually It does something to you doesn't it energetically?

° 05:02

Really? Absolutely. And I do think I like that so much because like I'm a Pisces Moon at 29 degrees I have, I have so much. I'm obsessed with the darkness and the shadow work. And so believe me 80% of my life is in pyjamas is in tears isn't working through it isn't fighting the fight. And so I have to make that a priority I have to and then when I do, it's very special. I

Hannah Macintyre 05:27

love it. I love it. This is so funny. Right? So I haven't started with my usual first question, because we were so far involved in our conversation before I hit record that I've lost the plot. But tell me about how, how did you get involved in this? How did Spirit manifest in your life? What started you here?

° 05:48

Oh, you know, this question has always been so hard because I listened to so many people's stories. And I'm like, I didn't really have a spiritual awakening. Because I'm so connected to spirit. So I think I have to answer in the reverse on like, when did I come back in my body? Because I did. I'm not uncomfortable in the spirit world. I'm actually uncomfortable in the human world. And so as I started to get nudged into just the world of mediumship. That was in 2020, when it kind of hit my consciousness, and then after it hit my consciousness, I was able to go back and be like, Oh my gosh, like I completely had an experience when I was nine. And I you know, I always knew things. And it was just like, I felt seen in a way I'd never felt seen. But my son lost his best friend to cancer in 2020. And I just felt him right here. I mean, there and then there was things happening, you know, with electricity and sounds and then my curiosity spiked, and I started to read things, I started to wonder what if, and then I took some classes and my teachers, like, you've never done this, like, Oh, that's my awareness. And so I was just, I guess, good in her perception. You know, I thought it was going to be like you lived on, you know, Rose lane and your name is Bob, I'm seeking that evidential. I'm not saying I didn't bring evidence, but you know, the, the facts. And then she asked me very clearly, she said, Well, do you remember addresses and names? Well in this in this experience in life, and I'm like, no, no, I absolutely do not. And so she's like, well, what what do you remember about people and it was more feeling. And so of course, my Clairsentience was dominant when I started. And then once my competence increased, it was clear cognizance. And now it's just you can't shut me up.

Hannah Macintyre 07:40

Ah, love it. I love it. And how if you grew up feeling just off? How do you feel like that impacted? You? Do you feel like that was a choice your soulmate to have that experience before? 2020? Or do you think that was just your energy and how it manifested?

<u>08:02</u>

I do feel like we make. We all make choices. So yes, I feel like this was the plan. I had a painful upbringing, I've experienced a lot of adversity, I've. It's been painful, but every medium that I know, it has not been a breeze. You know, I do think it's kind of the hard knock life. And through that, then you're able to energetically have this library and witness so much, you're stretched in both directions, pain and joy. And I think that I was always using my empathic nature, my psychic, my, my healing abilities with my hands, but I just wasn't giving myself the discipline, the spiritual discipline to sit with spirit long enough to connect all the dots. And so there was just a lack of just discipline. You know, I think I just was kind of running around in survival for the majority of my life.

Hannah Macintyre 09:02

Yeah, absolutely. And that's really true. What you say that I don't I don't know. Anybody that has come to mediumship. That's hadn't early an easy journey up until till that point. And do you feel like that is all because there's part of me that also thinks that, like, you were saying that mediumship journey is the journey in isn't it? It's not the journey out to spirits, the journey to self and there's something in the I think you have to be quite tough to be a medium. I think it's a tough job. It's not easy. It's certainly not how I thought it was going to be floating around in a caftan with incense burning. It's it's it is constantly facing yourself. Yes, the shadow. The shadow work. Yeah. Yeah. So talk to us a bit about shadow work and what you know, what is it tell people who don't know what it is and why do you think it's important?

10:00

I think it's important because it's where our greatest karmic lessons are. And so I like to say like, you know, if you're really in a depressed time, a sad time, a time where you just can't figure it out, it's probably because of the shadow. And it's probably because you're not asking the right questions, and you're feeling a victim of your life. And we're really, truly Well, I like to say you're a victim once, and then you're an addict, so we can be victimised. But if we don't learn the lessons, then we will be addicted to that energetic signature of victimhood. And we will attract it more and more and more. But if you think about a shadow, a shadow, a shadow only exists if the sun is at your back. So you have the ability to turn around, you have the ability to look at both sides, this human experience in my perception is the coming together of soul and body. And in that duality, we have the light in the dark, we have the pain in the joy, we have to know that there's both spectrums to look at, and we can kind of get stuck in this realm of despair. And that is a choice. And I know it's painful to understand that when you're there, because I was there a long time, and I'm very familiar with that frequency. And that's how I can get myself out of it. Now, I also don't want to say to spiritually bypass big emotion, like anger, or shame, or grief, because there it's there for a reason. So people that feel those things are like, I need to go do my gratitude list. And it's like, no, you don't. You need to sit there with the anger until you realise what it actually has to say. And listen to yourself without the shame, without the judgement of being bad, because you're angry, or bad because you're unhappy or bad, because grief is still present in that is where the work is. And that is what happens.

Hannah Macintyre 11:55

I love it. I love it. So here's the question. If you believe that we're here for the duality of it, and that is part of the journey, which I agree with completely. Just before I ask you this question, you think what are you trying to ask me here? Do you believe that the earth and mankind are evolving? Or do you believe that they are supposed to create the duality by the ego, the darkness the I

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think that we are absolutely evolving, I think that the even the energetics of masculine and feminine energy, I think that there has been a misuse of masculine energy by women and men. I feel like we have all been many men and women. And so when we come in, and we have this movement that's so angry at men, we have to take responsibility in that karmic signature of I'm also angry at myself. So we think we think we're so individual, we think we're so unique to our pain, but this is something that is actually vibrating collectively through each and every one of us. And that's why we need to pay attention to these wounds. But the wounds inward, not just outward. I, I absolutely think what we're evolving.

Hannah Macintyre 13:17

Okay, interesting. I love it. I love it. I love talking to you always. So when you started your journey, and you started being aware of your son's friend, you know, very tragic when a child dies, and you're very aware of them. What were your first steps? What did you do to develop this? I

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read a lot. So one of my first books was by Laura Lynn Jackson, and it's called signs. And when I read it, I just felt like, I wrote the book. Like, I'm like, she's telling my story. This is so crazy. Of course, aside from the delivering mediumship readings, but everything else was just so me. So that's, that's what just gave me the nudge to like, take a class like try get in a community where you can play. And that's the thing we don't do. We don't say like, let's just sit in silence for a while and then see what we're both feeling inside like nobody. Well, in my world, nobody did that. And so that's where the magic happens is when you take time and space, to sit with spirit or sit with other people in circle and see what comes through. Because if Spirit knows that you're kind of tiptoeing towards being more involved with them, they absolutely are going to deliver my most evident evidential mediumship readings were definitely when I was at the beginning of my journey, because I think that they knew that I was moving in the right direction, and then things will stop and you're like, what if I broke what happened here, and

then I will have some other modality come and then I'll nail that and so I really think it's depending on your own signature and how you want to serve others in the world and yourself. I'm spirit is always there, but it's not going to be easy, because then you wouldn't do it.

Hannah Macintyre 15:07

Yeah, everything requires work in my opinion, but it's a good thing. It's an unfolding. It's a natural state, but it takes work to get you there. So what do you think makes a good medium? What are you? What do you look for when you're out there in the world? I'm sure you're like me watching a lot of mediums and seeing a lot of stuff. What makes you think, okay, they've got it. This is good stuff.

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Such an interesting question, because I didn't know much about mediumship. Like, I've never even I never saw mediums show, I didn't even know who I didn't know anything about mediumship. And so the first person when I started reading books that I really was drawn to was Gordon Smith. And I just adored him. And so I went to the UK and did some, a retreat and some training with him, and then build a relationship with him because of his practicality around it. And I just feel that he is the real deal. And so I don't seek mediums, I don't have a need for anyone to confirm that there's the other side, I don't have a need to. I don't seek evidence. So if I'm going to somebody that I'm like, in a mess, like I'm like, Oh my gosh, like I'm getting hit hard with some deep shadow work, or just stuff that I have a blind spot to, like I I am meant to do a lot of healing with my intimate relationships in this life. And it sucks. It's just a shitshow like, I hate it so much. I just feel like I'm just battling this whole like, Am I worthy Am I loved, like, do all men cheat that a story is so old. So sometimes a trance healer is going to be somebody that I'm going to go because it is all deeply energetic. And the more I talk, the more problems I cause. So that would be somebody that I would seek out that is like you just fish and I will do the healing. Because I can create problems with this male.

Hannah Macintyre 16:58

Okay, and so for you what, when you've done a really good reading what what has made you think, yeah, that was really good. What is your? Because we're all really hard on ourselves? Aren't we all mediums? I think so. It's so interesting to know what we feel constitutes a good reading. Yes,

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I actually am at a point where I'm probably going to take away my one on ones because how much can you transform in one reading. And so what happens is, is that I have a lot of standards like I have a very, like I want to I'll I won't in the call, I'll stay on the call for two hours, just because I really want to make sure that this person knows how magical and beautiful they are. And what I realised is when I teach in larger groups, or I work in a mentorship container, where people are like, I'm ready, I'm ready to dive deep in and I'm ready to self actualize and do the work. So I feel most proud of myself. When I see people start to

connect the dots on their own, and transform their lives and gain confidence and gain belief. And like when people are messaging me like, I asked for, you know, a pink elephant wearing a crown and then they send me a picture of a pink elephant wearing a crown and like getting really disciplined with their spiritual practice and then having evidence come through. That is what just I have goosebumps saying it. That makes me very happy.

Hannah Macintyre 18:23

I love it. I love it. So what would be your top tips for somebody who's looking who's just at the beginning of their journey? Let's start with beginners first, what would your top tips be for them to start them off?

18:37

A top tip as somebody that wants to deepen their relationship with spirit are seeking a medium?

Hannah Macintyre 18:44
Someone who wants to deepen them, then do the readings themselves be a medium?

° 18:48

Oh, okay. Um, so I guess I would, I would be like the kindergarten teacher. And I would say, okay, the fact that you even have a desire, you're already connected. So that means that there's already somebody you can serve. So some people have this belief, like you have to sit for seven years before you ever give a reading. You play, play, play, play, play, play, you have a servant heart, and you have compassion, or you wouldn't even be considering this realm of work. And so the more to me, I feel like the more that people can practice their Claire's cognizance by just speaking, just say what you see if you see blue, you don't know like maybe the Blue was, you know, the blue eyes or you know, like anything a colour, there is nothing that isn't important when it comes to mediumship nothing. And so I think it's, it's just taking that expectation of what you need to be or do to serve the world because I feel like I'm always serving the world. If I walk into a grocery store, I am of service because if I need to pick up somebody's grocery bill or give someone a compliment, or whatever it may be Spirit uses me all the time, not just in session. So I would just say, start saying how may I be of service every day? How many of you have superb service to the spirit world? I

Hannah Macintyre 20:06

love that. I love it. And what about the other end of the spectrum? People who are along the path who are wanting to take things to the next level? What tip would you give them?

Gosh, I feel like as you go down the path, your confidence gets even like you get more critical of yourself. And so I've noticed a big difference between mediums in the UK versus mediums in Canada and America. And those are about the three places I know. So I've just noticed that there's this insecurity about charging in the UK, where I feel that I would just say, it's your time and your energy, your charging for not your love. And I think that there's this, like, I've been given this gift, and so I shouldn't charge for it. And I had Gordon Smith on my podcast, and I had asked him about that, because I'm like, you know, you have this reputation of never charging for reading. And he's like, that is sort of fabricated. He said it obviously more eloquently. And I can't quote him because it was about a year ago, but it was it was like I always had money come in, it might have not been directly from that person. But if I didn't, I would have had to charge because I needed to make a living. So I think things are always going to come to you. But if you have insecurities around your wealth worth, then they might not come to easily. And that means that you need to have boundaries and the confidence to say, I'm charging what it is to sit in my space. And it's not for my love. And it's not for my compassion. It's for my time.

Hannah Macintyre 21:51

I love it. I love it. So, next question. If I wouldn't get on your soapbox, what is the one thing that you wish everybody knew? If you could get a message out to the entire world? About anything? What would it be?

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Gosh, I have no idea. I don't know if you're familiar with astrology. But I have a Chiron in Gemini and a north node in Gemini. So my purpose in life is to get more comfortable speaking and my wound in life is speaking. I know it's been a I mean, I choice. It's a double down. I made it real hard on myself. And I do have dyslexia and you probably have not caught that because Hannah makes me feel amazingly comfortable. But I tend to mix up syllables I mix up numbers, I make up words, I say words that are not real, like not even backwards with the wrong ones, but like made up words. And so I've always thought I was dumb. I've always thought I'm not good enough. I'm not smart enough. I'm not intelligent enough I could never speak and what I'm realising and even last night, I'm in an astrology class. And I took my first go, I like reading an astrology chart. And I got told like you're a genius, like you are so in tune. And I think that it's it's like I'm starting to get to that point of like, I am, like, no matter what, you know, I read tea leaves for the first time this past year. And I'm like, I don't know, at least this is stupid. And then I did it. And I was like, Oh, you are twin but the other baby died at birth and did it and I'm saying these things. And then it's like, I'm reading tea leaves. You know why? Because we can read anything, we can read a wall. And so now I'm thinking, Oh, this evidential part of me, needed to have validation so bad in this life. And I wanted to learn more and be more and do more. When really, it was just about me gaining the confidence to know it was all a memory. It was all inside, I have access to it. I'm an old soul. And that feels good in my body to step into that truth.

Hannah Macintyre 24:02

I love it. I love it. And no, I hadn't noticed. But I have a tendency to make up words too. And

then I just say to myself, well, language is a construct. I mean, who came up with cucumber? Love, you know? I bet when the first person ever said cucumber, everyone went I beg your pardon? What? So just you know, just own it, Jen. Yeah,

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whatever. People usually know what I'm saying. I think I hadn't

Hannah Macintyre 24:30

had not, not in my awareness whatsoever. You're very eloquent. It's so funny, isn't it? How we see ourselves versus how other people see us. So you've mentioned karma. You've mentioned astrology. Do you feel that your soul specifically chose those attributes to give you difficulties in this lifetime that you would need to overcome? Do you feel like that is pre planned before you get here? You

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know, Am I because I'm in I'm in a karmic astrology class, if you would have asked me last week, I would have said, Yes. But you're asking me today and I went to bed thinking about this exact question. So interesting that you brought it up, I feel that the energy signature is already in time. So like a chart is the time you're born. Without means that no matter what that energy already is, sort of in play. So I think it's in play for a bigger reason. And I think we all as being the light, you know, the the soul, the light, I really do believe that it's only light. On the other side, I believe this human experience is actually the darkness. Like, if you want to talk about hell come to earth, you know, like, that's where the shit is happening. So I think that it's more of a, we all want it, it's a privilege to come here and be a warrior and do the light and do the work. And so it's I was pulled into that because of my intention of raising the frequency not, I'm gonna sit down and I'm gonna pick this this, this isn't this. It's like, this is what needs to be done. I'm going in. And so I don't know, it kind of flipped on me last night. But I also am very comfortable saying, I don't know, it's something that I will contemplate and I will continue to question. Well,

Hannah Macintyre 26:23

I mean, I spend my whole life philosophy I never thought I'd be when I first started working as a medium, and I went to philosophy lectures, I was so snooze fisted. I never imagined in a million years that I would spend half of my life just going back then. But walk, but how, but it gets you because I mean, we don't really know, we it's only opinions. We're only just trying to find through our own knowing where we're at, and what it's all about. And I've it's so funny, because I was talking to someone about this today, like, what do you make up me? And how many of those you know, my mom was induced when she had me was it predestined that I would be born at that moment? You know, that she would be kind of carried along because they wanted the first on Christmas Day, they wanted the first Christmas baby, was it predestined that that

nurse would have that opinion that would want to do it was that you know, and for that alignment, that would happen in that moment, she again, as we were talking about before we went live, human design, all of these things that make us who we are.

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And even like twins, like you think about twins, it's like, well, how are they so different? It's like, well, it's got to come down to the soul. I mean, could four minutes apart seven minutes apart, really create that vast of a difference? I don't think so. But a soul can. Yeah,

Hannah Macintyre 27:49
I love it. I just love thinking about it.

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I know me too. I am like, I you know, I have to say though, I get a little addicted, like I get addicted to the work, I get addicted to the depths, I get addicted to the discovery. And I my biggest fall is like, remember to play I love teaching inner child work. And I have to and I do it. Well, I do inner child like I personally embody my inner child well. And so I have to remember to go out there and like, focus on joy and playfulness. Because the human experience is about that being silly being playful, but I can get heavy in the you know, you look at Robin Williams or some of those just very well known comics that have taken their own life because I can see behind the comedy, I can see behind the behaviour I can see behind everything as a my perception today. But you know, and so it complicates things, because it's like being in the moments difficult if you know that that person's lying, and that person's cheating. And that person's dealing with pain. And it's like, no, no, like, You're not meant to work all the time. So turn it off. And that's been a struggle for me sometimes. Yeah,

Hannah Macintyre 29:02

well, you're talking to a Capricorn. So that is definitely something that I came here to try and work with work through. I don't think I'll ever work through it work in spite of something like that. There's Yeah, yeah, definitely, definitely. Which is why, you know, we're recording this in the podcast break because I forced myself to have a break, which is not my comfy space. And it's, it's so interesting with the duality, like you say, you can see the benefits of those attributes, but you can also see the problems with those attributes and trying to maintain a balance within that. Yeah,

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and having a judgement on my own shadow. So, you know, when I am, I don't know, not being what I would perceive as my highest self, which I couldn't be all the time. I mean, I can't bypass my lessons. I call her Vanessa. We had a name or I mean, she definitely isn't me. I like to teach the rising sign of the ego. And so my ego is Vanessa and I have to be like, Vanessa, like, go get

on a dress, like, go do your thing, like, we're gonna have some fun we're gonna be, we're just gonna just not work today. And I love when I can do that I love when I can actually just be free. But then it gives me the wisdom and the grace to know like, So and so might be in their ego right now. So, not everybody won. Not everybody came here to do the work we're doing. And that was a big, big lesson for me to learn. Still, I can't believe it.

Hannah Macintyre 30:37

Read. I know, it's fascinating, isn't it? Mines name Celeste. Just so you know.

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We will definitely have to go have a night on the town. So

- Hannah Macintyre 30:52 when I talk to you, because there's so many similarities, and I'm like, yeah, yeah.
- 30:57 Your rising sign? Oh, I don't
- Hannah Macintyre 30:59

know, you. I'm sure you asked me that on your podcast. And I went, I don't know, I just know that I'm a Capricorn. I just, I try and do astrology. But I, I don't know whether it's the brain capacity thing. Or it's just not the path for me, but I don't retain it. I haven't looked it up so many times. Like, I can't remember what time I was born. And every time somebody asked me, I've now texted my mom, and I have to search for it in my chat to my mom to find it every time. You think, you know, I've had to use it multiple times just doesn't stay. Which makes me think it's I

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think so when I am done with this course I have to like do some, you know, obviously readings to test out. But I would love to do it. Because I think if you looked at it from a karmic standpoint, like I'm going into the karmic out like and I you might it might click for you then. Oh, yeah, I'd love that. Yeah, I would I mean, that here's my invitation.

Hannah Macintyre 31:57

Yes, I will take that. That'd be amazing. But yeah, I love it. And that might answer some of the questions for me, because I'm constantly questioning, but I do think that's part of my design.

Why? Why are we doing it like that? Why does it work like that? Oh, I love it. So you've read Laurel and Jackson's book, you've worked with Gordon Smith? What? What are the biggest lessons that you have had personally directly from Spirit to you for your unfoldment? That you're willing to talk about in a public pop? No,

[°] 32:31

I heard it. Like, I feel like they just delivered it to me very clearly. And it's like in capitals. It's not personal. Like, oh, yeah, I think that it's, it's really made me understand the concept of we truly are all one. And as I speak more and more, you know, walking right towards that north node. And that Chiron I'm like, I meant to do this, I have to do this. The one thing I'll be talking to 30 people and they will say I felt like you were talking right to me. And I think that it's because the way that I experience life on such a vastly emotional level. And the way that I perceive it, through, you know, spirits assistance, is meant to speak to make us realise we're not alone. We're not alone, and that we can handle anything. And that the biggest thing right now is that we we suffer from self abandonment. It's, you know, we hear all this talk about boundaries. It's like, I think people are doing just fine with their boundaries, they've got walls up everywhere. I think it's more about self respect. And taking the boundaries down and realising a boundary isn't a cement wall. It's it's not a, you know, a dragon breathing fire. It's, you know, a picket fence, a chain link fence, it's, I can still see you, I can still communicate with you. And if you try to cross this, you know, we're done because I respect and love myself and you're not respecting and loving me. So, this, this lesson is me, for me to speak up to have an honour that I'm here. So I think that that's what spirit has taught me is I don't need more boundaries. Like I was an empath and I, I completely removed myself from my body and built walls all around my heart and thought I was, you know, a sensitive, compassionate being until I realised, oh, where's my heart like, oh, it's like, you know, under nine feet of cement stone and you can't it goes both ways. So what you think you're given out then you also need to let come in or it's not real.

Hannah Macintyre 34:52

Wow. I love that. Thank you. You have been as expected and incredible guests. Now I know that I warned you that we recording this in advance. But what's next for you? What's your plans? Where are you? Where are you heading? So

° 35:12

this I'm in transition. It's currently it's December, and I've just been feeling this stretch this big, you know, right. A couple days ago, it was a Sagittarius New Moon and we're in a Sagittarius sun. Sagittarius is all about expansion. And I'm feeling it and it feels very uncomfortable. And it doesn't feel safe. But with the way that I view the world and my own journey, I know that I need to lean in to the more uncomfortable stretch of this. And it is telling me you will be speaking to the masses, you will be leading groups. But you need to say yes to everything that comes your way. And I wrote it down. And then within about 10 days, I've got asked to speak and do a training for a group of Japanese and German. And I'm like, I don't I don't. I don't I was so confused. And they're like, No, you have a translator I'm like, But what why I just was, and then I heard you're supposed to say yes. And so I said yes. And then this past week, I had a woman

that has done quite well for herself. And she said, Have you ever considered membership because I have been vacillating over this for quite a while. And I've been watching you and I want you to join me in hosting a membership around all of the astrological placements and through the year how we can use them to do deep healing. And I was like, I'm a little scared. And then I heard you're supposed to say yes. And so I said, Yes. Love it. I don't have a plan. But I am going to listen to spirit. So what's going to come my way is going to get a yes. And we will see what 2024 has in store for me.

Hannah Macintyre 36:51

I can't wait to watch it unfold. I have no doubt it's going to be magnificent. So listeners, I will put a link to beautiful Jenny's website and socials in the show notes so you can go check her out. And thank you again for chatting to us today.

37:08

You're so welcome, Hannah. I think that you are a rock star and I cannot wait to meet you one day and give you a big time. You're fabulous. And I know

- Hannah Macintyre 37:14 we get to have to definitely do that. It'd be so amazing.
- 37:18

 It was an honour. Thank you so much.