



Mediumship Matters Podcast Transcripts

Season 2 Episode 39

Getting in the Way

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today's episode is a juicy one because we're tackling a question from listener Brooke about psychic development, energy bias, and why our readings don't always play out as expected.

Before we get into it, a massive thank you to Julie Jones for sponsoring today's episode! If you'd like to support the podcast, you can do so via buymeacoffee.com/hannahmedium. It helps keep this space ad-free and focused on what really matters—spirit!

Brooke's Question: Can Our Energy Bias Influence Readings?

Brooke emailed in with a fantastic question: "Why would so many messages from different sources point to something incorrectly? Could it just be my energy bias generating all the messages and not my guides at all? Can your own energy bias make certain cards come up repeatedly in a Tarot or Oracle spread?"

First of all, Brooke, you are not alone in this frustration! I totally get it, and I'll be honest—there was a part of me that wanted to quietly slide your email into the accidentally deleted pile because, well... this is a tricky one!

But that's exactly why we need to talk about it. Let's break it down.

The Role of Free Will & Choice in Readings

One of the biggest factors at play here is free will. Readings aren't set in stone—they are a reflection of potential, not guaranteed outcomes.

Imagine you have a client, and their energy field is brimming with happiness, success, and all their dreams coming true. You tell them they have amazing opportunities ahead. But then... they don't take action. They don't do the inner work. They let fear stop them.

Does that mean your reading was wrong? No.

It just means that potential requires action. The same applies to our own readings—we have to work with the energy we receive, not just expect it to manifest magically.

Personal Energy Bias & Repeated Messages

Let's talk about the frustration of pulling the same Tarot or Oracle cards over and over again. I've had this happen a lot. For example, I kept pulling the Victory card—on the day I had a migraine, the day I forgot to book my car's MOT, and even the day I had a disastrous mediumship demonstration (cue Ouch episode!).

- So, was the card wrong? Or was my definition of victory too narrow?

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Spirit often gives us the messages we need, not the ones we want. If you're repeatedly receiving the same message, it's worth asking:

- Am I misinterpreting this?
- Am I expecting an immediate result when this is actually a long-term process?
- Am I seeking validation rather than guidance?

Sometimes, our desire for a specific answer can override the clarity of a reading. If we go into a reading with a strong emotional attachment, we may unintentionally shape the outcome.

The Challenge of Timelines in Readings

Another thing to consider is timing.

Spirit doesn't work on human timelines. When we pull cards or receive intuitive insights, we often assume it's happening now—but it could be weeks, months, or even years before it unfolds.

One of my clients once asked, "When will I meet someone?" Spirit gave her the month June, but with an important caveat: she had to step outside her comfort zone and make space for new experiences.

She didn't. She stayed in her routine, made no changes... and then was annoyed in July that she hadn't met her soulmate.

Did spirit get it wrong? No. She just didn't take action.

This is a huge lesson—if we want change, we have to create space for it.

Spirit Guides & The Messages We Need

Now, let's take this even deeper. Do spirit guides always tell us the literal truth?

I believe that sometimes, our guides give us messages not because they are absolute facts, but because we need to react a certain way.

For example, when I was about to do another mediumship demonstration, I pulled a card that basically said, "Your negative thoughts are manifesting into real-life situations." Not exactly comforting! But I knew what it meant—I had to sort out my energy before stepping on stage.

The message wasn't predicting disaster. It was pushing me to prepare properly.

Spirit knows what we need to hear to facilitate our growth. And sometimes, that means triggering us a little.

Are You Getting In Your Own Way?

Yes, Brooke—our own energy can absolutely interfere with readings.

- If we desperately want a particular outcome, we might unconsciously interpret messages in a way that supports our hopes.
- If we're in a bad mood, we might filter everything through frustration or fear.
- If we're pulling cards too often, we might just be seeing reflections of our own shifting energy rather than genuine spirit messages.

This is why it's so important to:

- Be in a clear, neutral state when doing readings.
- Take a break if you feel stuck or emotionally charged.
- Remember that spirit won't always spoon-feed us the easy answers—growth requires challenge.

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Final Thoughts: Trust, Adjust & Keep Going

So, Brooke, my advice to you is:

- Don't assume your readings were "wrong." Look at how you interpreted them and whether action was required.
- Pull cards with a clear intention, but don't overdo it. Too many readings can muddy the message.
- Trust that spirit is guiding you—even if it doesn't make sense immediately.
- Stay open to different interpretations. Spirit's messages unfold in layers, not always in obvious ways.

And finally—have fun with it! Spiritual development isn't about perfection; it's about curiosity, learning, and evolution.

I'd love to hear from you, Brooke—did this resonate? And to everyone else listening, have you ever struggled with similar experiences in your readings? Message me and let's keep the conversation going!

Until next time, trust your intuition, trust the process, and trust yourself. 🌟