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Season 3 Episode 105 - Interview With The Malibu Medium

The Akashic Records, Near-Death Experiences & Navigating Soul Evolution

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, I'm joined by the wonderful Amber LaMalibu, aka The Malibu Medium. Amber is an Akashic Record reader, transformation coach, and soul business guide, as well as the host of Your Light is Fearless Podcast—which, by the way, is an incredible name! In this episode, we dive deep into the Akashic Records, near-death experiences, soul evolution, astral travel, and so much more. Let's get into it!

Amber's Journey: From Astral Travel to the Akashic Records

Amber's spiritual path began early, with astral travel experiences as a child. One particular vision stuck with her—a vivid dream of a floating ancient book in the stars. She didn't know what it was at the time, but years later, after a near-death experience (NDE), she discovered the truth: she had been shown the Akashic Records.

After her NDE, Amber kept hearing the words Akashic Records drop into her awareness. She finally decided to research it and came across Linda Howe's Pathway Prayer. When she read it aloud, something extraordinary happened—

- A male voice with an Indian accent began speaking through her.
- Her jaw moved involuntarily, as if spirit was using her to channel.
- She received profound wisdom about the Book of Life, which she later learned was another name for the Akashic Records.

Amber's initiation into this work was spontaneous and powerful, proving that spiritual awakenings don't follow a one-size-fits-all path.

The Near-Death Experience That Changed Everything

Amber's journey took a profound turn just before her 40th birthday when she had a life-altering near-death experience due to severe asthma. Leading up to this, she had been in a difficult emotional place—financial struggles, family issues, and deep personal challenges.

During her NDE:

- She left her body and traveled through a vast, black void that felt warm and safe.
- Her grandmother in spirit appeared with higher beings, performing what felt like an energetic healing on her chest.
- She experienced a life review, where she was shown her true essence beyond thoughts and emotions.
- Archangel Michael and a guide named Mary (possibly Mother Mary) were with her, sharing messages about her divine path and soul mission.
- The most profound moment?

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She was told she would experience a divine intervention, an awakening, and a rebirth over three nights.

After being sent back into her body through her crown chakra, Amber felt like a completely new person—more connected than ever to her purpose as a healer.

Astral Travel vs. Near-Death Experiences – What’s the Difference?

Amber has been astral traveling since childhood, but her NDE felt completely different.

- Astral travel – She was always aware of her physical body, even while moving through different realms.
- Near-death experience – She was fully disconnected from her body, guided through multiple planes of consciousness, and merged with Source itself.

This distinction highlights how our soul’s journey is vast, layered, and far beyond our human comprehension.

What Are the Akashic Records?

Amber describes the Akashic Records as:

- An energetic imprint of every soul’s thoughts, choices, and actions.
- A universal library containing past, present, and future possibilities.
- A portal to infinite wisdom, where we can access spiritual principles, guidance, and insights into our soul’s path.

She also explains that everyone can access their own records through intention, prayer, and practice. Over time, she developed her own Akashic Wisdom Prayer, which she now uses in her work.

How Do We Balance a Spiritual Awakening with Human Life?

One challenge many spiritually awakened people face is feeling disconnected from everyday life.

Amber describes it beautifully:

“Once you awaken, your earthly existence expands to include another level of awareness.”

But this doesn’t mean we should disconnect from being human. In fact, one of the hardest lessons is learning to fully embrace physical reality while maintaining spiritual alignment.

- You can be spiritual AND enjoy earthly pleasures.
- You can access higher dimensions AND still need to buy groceries.
- You are here to experience being human—not to escape it.

Do We Have a Pre-Set Destiny or Free Will?

Amber believes in a soul blueprint—a general frequency and mission we are meant to express.

However, there is still room for choice and co-creation.

- Some aspects of our life are destined, aligning with our highest purpose.
- Other aspects are fluid, shaped by our choices, beliefs, and growth.
- Spirit nudges us back on track when we stray too far—sometimes gently, sometimes dramatically (like an NDE!).

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Past Life Wounds & Emotional Patterns

Amber explains that we carry emotional wounds across lifetimes, but not in a linear way.

- A trauma in this life might trigger the memory of a past-life wound.
- Our soul's evolution is not about "clearing karma" in a rigid sense, but rather about gaining awareness and breaking cycles.
- Past life experiences are revealed only when relevant to our healing in this lifetime.

For example, Amber once accessed a past life memory as a sailor, where she was humiliated and killed by an abusive captain. The emotional imprint of shame and powerlessness resurfaced in a present-day conflict, helping her recognize and heal the pattern.

Final Thoughts: Living with Expanded Awareness

This conversation touched on soul evolution, parallel lives, Akashic wisdom, and the impact of spiritual awakening. But the biggest takeaway?

You are a multidimensional being, but your human experience matters.

- You are here for a reason.
- Your path is unfolding as it should.
- Your past, present, and future selves are all connected.

And most importantly: you are not alone on this journey.

Thank you to Amber for sharing her wisdom! If you want to dive deeper into the Akashic Records, check out her work in the show notes.

Until next time, trust your path, embrace your human experience, and stay open to spirit.

Love,

Hannah x

Keywords for SEO: Akashic Records, near-death experience, astral travel, soul evolution, spiritual awakening, past life healing, divine presence, spirit guides, multidimensional consciousness, future potential, emotional wounds, energy healing, twin flames, spiritual path, psychic development.