



Mediumship Matters

Podcast Transcripts

Spirit Social Meet The Creators Edition

Season 8, Episode 8

Guest: Leanne Lackie on Grief, Determination and Living Mediumship Fully

Introduction

In this episode of Mediumship Matters, Hannah Macintyre is joined by Leanne Lackie, psychic medium, teacher and demonstrator based in Dundee, Scotland.

With over ten years of dedicated development behind her, Leanne shares a deeply personal and grounded account of her journey into mediumship. This is a conversation about grief, resilience, motherhood, determination and what it really takes to commit to spirit work while living a full human life.

Honest, humorous and heartfelt, this episode captures the reality of mediumship as a vocation rather than an idea.

Early Sensitivity and Quiet Awareness

Leanne describes experiencing subtle spiritual awareness from childhood. Rather than dramatic visions, her sensitivity showed up quietly, inner conversations, feelings and an awareness that could not yet be explained.

As a teenager, she was already drawn to mediums and spiritual spaces, visiting one at the age of fifteen and sensing spirit long before she had language for what was happening. Even then, she learned quickly that these experiences were not always welcomed or understood, leading her to keep much of it to herself.

Loss, Grief and Spirit Presence

At seventeen, Leanne's life changed when her father died suddenly from a heart attack at the age of fifty.

During time spent with him in the chapel of rest, she became aware not only of his physical presence, but of his spirit standing behind her. This experience marked a turning point, opening her awareness in a way that grief often does.

Leanne speaks honestly about the numbness that followed, and the moment when emotion returned in full force, accompanied by a clear sense of her father's presence. These experiences laid the emotional and spiritual foundations for her later work, even though mediumship would still take time to fully unfold.

Life, Motherhood and Awakening

In her twenties, Leanne lived fully, travelling, working and exploring life, while mediumship moved quietly into the background.

It was during pregnancy and motherhood that her awareness intensified again. While pregnant with her daughter, Leanne had a strong knowing that her baby would arrive early but be safe. Her daughter was born eight and a half weeks premature, exactly as sensed.

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During her second pregnancy, the awakening was far more intense. Heightened awareness, psychic sensitivity and overwhelm left her questioning whether she was awakening or unwell. Seeking reassurance, she visited a medium who told her plainly: "You're the medium." Leanne was advised to set boundaries, which she did, temporarily quietening spirit while navigating pregnancy and early motherhood.

Caring, Pressure and Return to Development

As her son grew, Leanne also supported her mother through dementia, navigating intense emotional and practical demands. During this period, mediumship once again took a back seat, not from lack of calling, but from necessity.

Eventually, meditation became the doorway back in. In a meditation session, Leanne saw her father clearly and in detail. The message from her teacher was unmistakable: development needed to begin.

Committing to Development

Once Leanne committed, she committed fully.

She joined meditation and development circles, eventually studying with respected teachers including Karen Docherty, and later Tony Stockwell and TJ Higgs. She attended residencies, observed demonstrations, studied relentlessly and immersed herself in learning.

Leanne speaks openly about learning not just from great teaching, but from witnessing what didn't resonate. Each experience helped her refine her own ethics, style and boundaries.

Within a relatively short time, she began offering readings, including an early session that involved an interpreter and spirit communication across language barriers. Looking back, she recognises this as a powerful early lesson in trust and flow.

Balancing Family and Mediumship

One of the most practical and valuable parts of the conversation centres on balancing motherhood and mediumship development.

Leanne explains that support from her partner, extended family and chosen community has been essential, but so has realism. Development needed to fit into real life, not override it. Online learning during COVID, including TJ Higgs' online mentorship, allowed her to continue developing while staying present for her family. This period marked a shift from hobbyist development into professional mediumship.

Leanne is clear: there is no single "correct" path. Development must fit the life you are living.

Teaching, Boundaries and Authenticity

Teaching has become one of Leanne's greatest passions. Drawing on her background in education, she now runs development circles and mentors students with a strong emphasis on individuality.

Rather than creating copies of herself or her teachers, Leanne encourages students to discover their own voice, rhythm and relationship with spirit.

She speaks candidly about challenges, boundary-setting and learning to hold leadership within spiritual spaces. Teaching, she explains, is as much about growth and humility as mediumship itself.

Platform Work and Demonstrations

Leanne has recently stepped into public demonstrations of mediumship, discovering that nerves dissolve the moment spirit work begins.

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Her biggest learning has been that fear rarely reflects reality. With each demonstration, confidence grows and self-trust deepens. Supporting charities and spiritual centres through demonstration work has become a meaningful part of her service.

Looking ahead, Leanne is exploring the idea of running her own events, blending mediumship, tarot and uplifting energy in ways that feel authentic to her.

What Mediumship Gives Back

When asked what she loves most about mediumship, Leanne speaks first about personal transformation. Mediumship has shaped her character, refined her boundaries and deepened her understanding of herself.

She also reflects on the profound privilege of grief support. Having once received healing through a medium herself, she understands the power of providing reassurance, relief and space for people to breathe again after loss.

For Leanne, mediumship is both miraculous and practical. Extraordinary, yet grounded in service.

Quick Reflections

- Tarot or mediumship: Mediumship
- Card appearing often: The High Priestess
- Drink of choice: Tea (wine at weekends)
- Current mantra: Feel the fear and do it anyway
- Favourite way to unwind: Trash TV
- Surprising fact: Ordained online while drunk many years ago
- One person in spirit she'd invite for a drink: Her dad
- Current energy: "Whoosh"

What's Next for Leanne

Leanne is expanding her demonstration work, developing trance and healing, launching online teaching, revisiting spiritual healing and planning workshops within Spirit Social. Her focus is on growth that feels aligned, sustainable and deeply rooted in integrity.

Final Thought

Leanne's journey is a reminder that mediumship is not something we add to life. It is something we learn to live alongside everything else, with commitment, courage and heart.