

# S5 Ep 9

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## SPEAKERS

Hannah Macintyre

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### H Hannah Macintyre 00:00

Hello, and welcome to medium ship manners with me Hannah McIntyre manners, can you tell how proud I am of this? I was thinking because we've had the episode of red flags. I was also thinking about people that are doing things that are what I would consider rude, but maybe they just don't know any better. And I thought that I would do a podcast dedicated to them. So this isn't for people that are really doing nasty business practices, or behaving in ways that I think a massively damaging, but these are those little teeny things that are actually really important out of respect and out of courtesy, but you may not even know that you're doing Now full disclosure. I'm a Brit. I'm a Capricorn Brit. So I do love a rule, I live for a rule. I like to know how I should behave. And I like to cling to that doctrine, as if it is the most important thing in the world. And I will also be terribly, terribly offended if you don't comply. That's my personality. So if you listen to this, and you think, good God, she's got a rod up her ass. You're right. I do have at least one rod up there, possibly even two. It's just who I am. But I also think it's incredibly important things to be mindful of things to be aware of. So we're gonna think of these like pink flags. They're not red flags, but they are something that you should be aware that you're doing that could cause upset or damage or offence to people. And be mindful of it. And if no one tells you, then how will you know. So one of the things that I wanted to start with was behaviour when you are in an on line, demonstration. So I remember watching an amazing online demonstration, I was really excited that the medium was doing an online demo. And I was so excited that I plugged my laptop into my big TV, so that I could watch them on the big screen. It was a big night for me. And because it was so big on my TV, it made all the little boxes on Zoom, even bigger. And it was eye opening. It was eye opening to me that people would attend a demonstration. In bed in their pyjamas, it was eye opening to me that people would be watching the TV. So you'd see the TV flickering on their face. Whilst also being at the demonstration. It was shocking to me that somebody and I still don't know who it was. But they were obviously doing their food shop for the week and planning all their meals, because they had a Jamie Oliver cookbook propped up in the camera, and you could see them turning the page. I never saw their face. So those kinds of things. Oh, I'd say the other one is people that are running and they've got a mobile phone, they're watching the zoom, and they are moving around their house that is such a disruptive visual to have on a screen when you're trying to work as a medium. And you can see this sort of background changing and somebody's moving, just turn your camera off while you're moving around. So rude. But I don't know if people know

that that's rude. And I think there's this thing. I think personally, if you turn up for an online demonstration, you should turn up as if it was an in person demonstration. So would you turn up to a demonstration in your pyjamas? No, you wouldn't. Would you turn up to an in person demonstration? Eating fish and chips? No you wouldn't. Would you turn up to an in person demonstration and move around the hall? Whether medium is working? No you wouldn't. And you just know that some of these people doing these things are the same ones that are complaining they didn't get a message but they're not holding a good space for the medium to work in. And I know there's part of me that so but isn't that the benefit of being at home? And yes, the benefit of being at home is that you can wear your elasticated waistband and you can be comfy but you don't have to be propped up, you know, obviously in bed, ready to go to sleep. And I think that that you've got to hold that energetic space for the medium and when Remember the courtesy in it. The other thing is, if you've got a noisy background, do not take yourself off mute. Why is there always somebody in every lesson or every demonstration, who takes themselves off mute when they've got the TV going in the background, or a dog barking, or a noisy household? I mean, it's fine. If the medium comes to you that there's nothing you can do about that. But you don't need to sit through somebody else's link with a load of noise. I find that weird that people do that there's always you can tell on Zoom, just in case you don't know that if you're the one making the noise, the little yellow box that surrounds the view will come to you. So there's a yellow box that goes around the speaker on Zoom. If it's moving to you repeatedly, that means your microphone is picking up on a noise. And so everybody who's got their zoom set to speak, if you will see you flashing up on their screen instead of the medium. It's actually quite mortifying. So maybe you don't know but you should. Now where do I want to go? Next, our let's talk about medium ship manners, and in boxing now, I find it really fun. I'll tell you what. I put my teeth in. Shout out to Lucy from cosmic order, because she shared a post on Instagram that absolutely freaking cracked me up. That was something along the lines of Don't, don't ask me for a favour. When you've never done anything for me. It was cleverer than that. And I've ruined the post now. Sorry, Lucy, but it really made me laugh. Because here's the weirdest thing. What is it about spirituality and mediumship. That means you can never share a post of mine. Never like a post of mine. Never give me any of the free stuff that you can give me that will help the algorithm work in my favour. I'm not saying you have to have paid me money, but you have never done anything to support me. And then as soon as you need something, you slide into my DMs I would just be too embarrassed to do that. And it happens a lot. So number one, if you are messaging me about a business related thing, message my business. Don't go into my private personal DMS. Now I know that sometimes people do that by accident. And you know, if you're somebody who's messaged me, because people messaged me, telling me nice stuff and feedback, that's absolutely fine. I love to get a compliment into my inbox in whatever form. But the people that are messaging me saying I really need this, I really want that. And I find that really bizarre that you would think it's okay to just DM my personal account. We're not even friends what I mean, it's fine, because I am no longer using my personal Facebook. But it is I have to keep it open because of Facebook rules. You can't have a business page without having a personal one. But I'm no longer on it. But I do find that incredibly odd that you would think it's okay. To you've never spoken to me before. You don't even follow my business page. You've given me nothing energetically back. And now you're DMing me because you want something. And I do think that's incredibly rude. It happens with this podcast all the time. People offer me no support. They don't share it. They don't talk about it. They they aren't leaving me reviews, they aren't inviting their friends to listen. And then they write a book, or they launch their business and all of a sudden they want to be on the podcast was where's the balance in that? And I'm happy to help people. But you have to give a little surely. So I always find that really, really fascinating. Just I think social media makes people behave in a way that they wouldn't in in the real world. You wouldn't look up my home address ring on my dog out and asked me for a favour.

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## Hannah Macintyre 10:03

And I find it. Yeah, that one for me is is always interesting. But I have to say it's got easier. Now I've got admin team who filter out those kinds of things for me. So that's always fascinating. I love to hear from you. But not just because you want something. It's, it's a weird, it's a weird thing. And that a lot of people messaged me, because they've had a reading with somebody, and they want to know, my thoughts on their reading. Like, hey, I paid him booked with somebody else. But this bit doesn't resonate with me, can I have your take on it? No, ask them for further clarification, if you booked with them, find that weird. Now let's talk about being a student online and some medium ship manners for those. One of the things that I think is really, really important if you are going to be a student is to turn up on time. And that's actually in person work, too. I have got much better at managing that. Because it's a crazy thing that people just generally do, and they don't know they're doing it. But when I was first teaching in person stuff, you would give people an hour long break or a half an hour break. So in my head, that was plenty of time for 20 students to use the bathroom. And then what what would happen is, you'd sit back down to work, and then one person would go, Oh, actually, I need the loo. And then another six people would follow. And you'd end up starting 1015 minutes late because everyone's had to queue up for the toilet, because they weren't organised in the break. So that absolutely, and this comes from somebody that actually too much information time. But I, I have had issues from having children. So I know what it's like to always be mapping where a toilet is, I know that life. But you know what, unless it was absolutely, brutally unexpected turn of events, I would not be going during a lesson time, I am an adult. And so I find that just really shocking to me, you know, it's also offensive. If you're paired up with somebody, and you've got, I'm just gonna go to the toilet, that you leave that person sat there waiting for you for five minutes. It's it absolutely should not be a way of behaving. But it's a really important thing. arrive on time, get yourself ready to work. Now, there's always exceptions to that. So there are two categories of people I'm talking about here. There's one category of people where nine out of 10 sessions, they will turn up on time and ready to work. If it's the one in 10, and you've just had a shitty day and something got wrong, and you're flying into the lesson by the seat of your pants, then by all means, still rock up. But if you are always late to every Zoom meeting, every session, we're aware of that of that. And it is disruptive as a teacher to have the kind of so and so's arrived in the Zoom Room thing flashing up. As many of you know, I'm doing a free monthly spirit circle. And if you didn't know, where have you been? join my mailing list, you get advanced booking, go on my on my website, join my mailing list, and then you'll be able to book for future ones, you get exclusive access. It's jolly lovely. Anyway, the number of people that showed up 10 minutes deep into that, and I just I didn't let them in. And then they were messaging me saying the Zoom links not working. I tried to come in, but it didn't let me know you were 10 minutes late. You do not get to come in when you are 10 minutes late, arrive on time. So really being professional I think is really important in your approach to your learning. And being there primed and ready to work with all the stuff that you need. I mean, the sheer number of people that cannot mute a phone is crazy to me. It's crazy. So just making sure that you are holding the correct space for the teacher to work and for your fellow students to work. Now not only is time management and really important for getting ready and arriving ready to work, but it's also a fascinating thing, when there's two students, and you've paired them up, and you said they've got 10 minutes each to do a reading. And the first student spends 15 minutes doing this, that is incredibly bad manners. It really is. If you have been given 10 minutes to work, you attempt to work for that 10 minutes. But once the clock hits 10 minutes, you stop. And it doesn't matter if you know that there's just a little bit more, or you've really struggled and you wish you could have done better, or you've struggled for nine minutes, and

now you've hit the 10th Minute, it's finally happening. It does not matter, you stop. And I see that time and time again, where the student one is really overstepping their time. And Student Two is too polite to say anything. But you have to remember that your other your fellow student is there to learn too. It's not all about you. So yeah, it's bloody awful, when you are just getting going and you have to stop. But let that be a lesson to you that you're going to have to push through your resistance quicker next time you work. Do not, do not take away somebody else's learning time, because you think your need is more important than theirs. You've got to let that bit go. It's absolutely, crucially important. When I was in Lim Parker's circle, online, she was so good at holding people to account right? Your time's up, swap, right Your time's up swap. And that is fine. When you're all in a Zoom Room, I will do that. Because I learned it from her because it's such an important mark of respect your fellow students. But when you're out in breakout rooms, you have to be mindful of how much time you're taking. And people will always tell you that it's okay. Because we're afraid we don't really want it to be our turn. We're worried we can't do it. But also because we do want those messages. And we don't want to take up space and things like that. But whether they tell you it's okay or not. It is not. Okay. It's incredibly rude. If you are working for 10 minutes, you stop at 10 minutes. So that can I really feel that one? Can you tell? Me? The other thing is students talking too much. And I know I've banged on about this before. But don't I mean, some of the you know what's interesting, as a teacher, some of the biggest complaints I've had have not been from about the mediums that are not very kind or have a bit of a aggressive approach to it and aren't very good at holding space or any of those things because you do get that it is the people that talk too much and keep pulling the developing medium out of their power. They're the ones I get the most complaints from. So a reminder, guys, yes, no, maybe don't know, if you're talking more than that. Are you supposed to be? And are you minding your manners?

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Now here's an interesting one that I have seen is students trying to validate themselves by teaching on behalf of the teacher. And I always find that fascinating. So say, for example, you like my January retreat. And I do actually say to people don't do this now because I had to learn the hard way. But when I did my first January retreat, by the way that's open for booking for 2025. Pop on my website, have a look. Anyway. So when I did my first January retreat, when it came to the second January retreat, the students that have been on the first one out of excitement, but also wanting to validate their space on it started telling everybody at the opening session about what we were going to do and what the importance of it was and spoiling some of the lessons. So some of my lessons are purposely set up so that there is an unfoldment and you can learn and experience stuff for yourself so you can find out the findings for yourself. And that's a that's a madness thing. You've got to be holding that space for somebody That is where you were last year, and letting them find the answer, not just telling them the answer. And that is a hard one to navigate. But necessary, really, really important as you are moving through this journey through this experience that you hold that space, you know, like when you did science at school, and I'm thinking about the one where we used to, we put potatoes in different temperatures, and different solutions of salt to see which would be absorbed, you don't the teacher had done that lesson hundreds of times, they didn't tell us what the outcome was going to be before we did it. They let us go through the process of experimenting, seeing it recording our findings. It's the same for mediumship, you shouldn't be taking away those lessons from people. And that is really, really important. Another one is people who validate themselves by talking about other brilliant mediums. It's always a funny, funny one for me, because you want to provide a space for students to share and talk. But when you have set up an event, and you've had to pay for adverts to get bums on seats, we

know the way social media works now. So you're looking at a room of people and every single person that's there has cost you 20 pounds to get them there. And somebody arrives, and they're very, very chatty. And they forgotten to be courteous to you, as the teacher they forgotten to be mindful of, to you as the teacher. And they start, they arrive and they're like, oh my goodness, I did a free online course with so and so the other day, and it was absolutely brilliant. And you're just sat there like, hello. And then they go, Oh, the best medium I've ever seen was so and so and so and so and you're like, Am I invisible. And I know that that is a courtesy thing that like they're trying to validate their self and they forgotten that you are there. I think if you're going to ever going to teach you find out very quickly how easily people forget to see you as a human being. But just as a little aside, guys, it can be incredibly rude to be sat there in front of another teacher talking about how great someone else is. And it's fine if it comes up naturally. But some people it's like they've been given the role of you know, they've got to do all the advertising. They're the Colts, the Colts finder of new members for the cult, and they're out there and it gets it can be really intense. Sometimes you're sat there and you're just waiting for someone to finish talking and they're talking about, you know, where they would prefer to be. And it's such a weird thing people don't think about it. Let me put this one another way. I just stopped for a gulp of coffee and then Spirit showed me an image. If you went into a nail salon to get your nails done, you wouldn't sit in the nail salon talking loudly about how you prefer the nail salon, two doors down, and they've got better pricing to every other person in that nail salon. Well, I hope you wouldn't. It's rude if you do. You really need to work on your manners. So what is it about mediumship and spirituality that makes people think doing that is okay. Because I cannot work it out for the life of me. You would not sit there with the lady doing your nails and say, I'm glad you're doing my nails today. It's nice to see you but I prefer Tina down the road. She does a better job and actually, when she every every ninth nail is free when you go to the tee No, and you don't do that. D what? And when you hear it like that you go no, of course I wouldn't do that. That's, that's ridiculous. But people do it to me as a teacher all the time. It's absolutely fascinating. And this is that thing where we understand we're in business and we understand that there is enough for everybody. And we understand that you will. I believe you should be taught by many different teachers. That's the irony, but it doesn't mean that I want more eye opening talk, welcome to my course, to be hampered by what you learnt on an online course with another teacher straightaway. If you've getting to the end of my course, and I'm asking for questions, and you can say, I did this course with this teacher, and they said this, but you've now said that, and then we'll try and work out where we feel and how we feel about that. But it's very different to be in this space, where you're like, Oh, I tell you, who's a great medium. And I'm just sat there, like, what am I then chopped liver? Thanks ever so much. So that is a massive one for me massive. I know I've mentioned this one before, but I'm gonna say it again, sending healing to someone who doesn't ask for it. Rude. Don't do it. Rude. Now, of course, if somebody is in a coma, or somebody is the baby, then if it makes you feel good, you can ask for healing for them. But remember that healing energy comes from spirit. So spirit aren't depriving somebody in need of healing of the healing that they need is that they've got to open up to be able to receive it. There is nothing you can do as a healer that somebody cannot do for themselves. Do not get caught in that ego trap. Do not. Now, shall we talk about mediums, to mediums, manners, because that's massively overlooked. So one of the things that is generally considered a really, really rude thing to do is linking in with another mediums, spirit. Did you know that a lot of people do not know that. And when I asked spirit, you know, what is the problem with that, it's actually really interesting if you think about the energy of it. So say, for example, you have got a medium on stage who is doing a spirit link, and the Spirit is with that medium, when you are trying to check in or tune in with that spirit, you are sending your energy to that spirit, so you are sending your energy onto the stage. And what can happen is you can kind of get in the way. So it's considered bad manners. Because it's rude. It's like you're second guessing the medium. But it's also considered bad

manners, because you are spraying your energy all over that space where that medium is trying to work. So you can make it actually harder for the medium, and you can get in the way. So it's really, really important. But sometimes when you're watching a medium work, you may become aware of things about that spirit. And that's different, because obviously, Spirit are omnipresent. That spirit is not just actually stood on the stage with that medium. So they are all around. So there's a difference as always, between seeking and receiving, if you just become aware of stuff, that's okay. But I'll tell you where it doesn't become okay. It doesn't become okay, when you are working. And another medium is working. And you feel like it's okay to add something on to their reading.

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### Hannah Macintyre 28:33

So say for example, you have got, you are watching a colleague of yours demonstrate, and they're doing a great job. And you're aware that the man that they're speaking to, has got a connection to cars. And the medium that is working, is pulling out loads of great evidence that can be taken. But for some reason, in the way that medium shit works. They're just not aware of the car connection. And you're like, well, if they say cars, that'd be great. And they don't say cars, and it gets to the end of the reading. And you're up next and you're gonna do your link. You do not ever, ever, ever, ever turn to the city that the first medium was working with and say, just want to check here. Could you understand cars with regards to your granddad? Because it looks like you are saying that you can do a better job than the medium that worked before. And it is just absolutely, absolutely a faux par. And it's an interesting thing because we can pick up sometimes on other stuff because we're not the ones in the pressure situation. But it doesn't mean that you should be sharing it. I have this with students quite a lot. That they is you know you are in the state of surrender because you're just getting to watch you're not the recipient and you are not the medium who's having to bring the energy in. So it becomes easier to receive because you haven't got all the resistance of the pressured situation there. So you may become aware of stuff. But that doesn't mean that you ever share that. And it's really, really important thing to know. Because if you do it in front of an audience, it's almost like an implication that they missed something that they dropped something. And it's just out of common courtesy to your colleagues that you, you really mustn't do that. So that's a really big one that I see happening quite often. And it always makes me go, Oh, don't do it. Please don't do it. And I know that it doesn't come from a place of I'm going to show that I'm better than that medium. I know it comes from a place off. I'm going to validate that I can do this too. But actually, you really, really mustn't do it. It's bad manners. Okay, I think that is me with my list done. I am just going to get some of your comments because I asked on social media for anyone to give me their take on what makes mediumship manners. And I've got some really great ones. Okay, so first up is friend of the show, psychic medium, Jenny's Uranus. And she says, I think my number one turnoff is getting on a zoom call. And the medium starting off by complaining about their day, how their morning went, how stressful it was getting the kids ready for school, or honestly talking about themselves at all, in my opinion, get on the call are welcome. Welcome the Centre for booking with you. Ask them how they are feeling today, and convey that it's a blessing that they chose you for their reading, shut up about yourself unless it is really really relates to what spirit is saying. It's not about you as the medium. I completely agree. I mean, who wants to feel like they've interrupted somebody else's day for reading. And that's just a general customer service thing. But I do think Jenny, you're completely right. It is. It's happening increasingly, that you feel like you're interrupting somebody else's day to give them money. And that's not just a medium ship. That's a weird society thing, I think. But yeah, remember that part of being a medium is remembering your customer service skills, guys. If you are representing the spirit world, then you should be representing the spirit world in all

ways, not just in the messages that you give. Next up is Jess from just yellow energy. And she said it drives me bananas. There's a psychic medium I know who approaches people at parties and will give free readings often telling them extremely personal information, making people feel uncomfortable. I mean, you guys know I've got a real thing about this. If people don't ask then you don't do. It's not your job to be up there like the psychic snifter, getting involved in everybody else's business. I mean, horrendous. That's the horrendous practice. You are quite right. Kelly says I went to see a medium demo at a local venue in Kent and he was reading so many personal details about the audience members he connected to. He announced to everyone that one woman was having an affair revealed another woman's early pregnancy and told another lady that it wasn't her loved one in spirit who told him she was depressed. He could just tell the colour of her shitty green t shirt. The lowest point came when he was communicating with the spirits of the mother and father in law have a lady in the front row. He asked her why he didn't feel like she had a husband if these were her in laws. She said her husband had also passed over but that she wasn't ready to hear from him yet due to the circumstances of his death. She was visibly upset and clearly did not want to talk about it. The medium then proceeded to try and connect with her late husband anyway. And when he couldn't get anything he asked her so what happened? She again said that she couldn't talk about it and he reluctantly moved on. It certainly made for uncomfortable viewing. That is awful, Kelly. I was just horrendous. And so disheartening, because it boggles my mind, really, that you can do this kind of work and not be moved by spirit and by love and develop more compassion for your fellow being, which makes me wonder if that medium is actually just a really good psychic, and isn't actually communicating with spirits at all and isn't getting the lessons from that. The trying to find the words, the presence of spirit is completely transformational to me. So if you are not getting that presence in your communications, then it's going to shift your development, because that sounds completely like he was in his ego and wanting to prove that he could do this, rather than in a space where he's allowing that love to come through. Does that make sense? Am I speaking correct words? Really, that's really, really shocking. And I would never, ever want to see that medium again. So next up is Amy. And Amy actually said something to me that I've already said on here, which is people who are sitting for a reading over zoom, and they are half listening to you while obviously watching the TV at the same time. And you can see the TV reflecting on their face. Why do people think that's okay, Amy, I completely agree with you. It is. It's so nuts how little people understand the process, and the importance of it. And I've just thought of another one that I wanted to say to you guys is very rarely, but a couple of times, it's happened to me in dems, where someone has come who is a student of mine, or a friend of mine. And they have raised their hand during a dem, to offer me advice about how I am working like a suggestion. And I find that a really weird thing to do. So that is a little rude to guys, is to just think that you from the audience can give that medium who's on the stage a perspective that they haven't asked for, nor need, and that it will be received well. So please don't ever, ever do that either. Your teachers, any fact not just your teachers, any student who is working with spirit needs to find their own way in the moment and does not need you offering your opinion from a space where you are not involved in that energy. So just just don't do it. Ever. Again, another one that has been shared with me anonymously, is when you are attending a reading or a course with a friend of yours, and obviously, you drove there in the car together. And you are

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done discussing life as you do. And then your friend volunteers your information to people at the at the events. So say for example, you are in a practice group, and somebody is doing you are reading and it's a practising developing medium. And you are sitting there listening to that

medium talk. And you kind of know what it's about. But your friend is there going, oh my god, is that what you told me about in the car is that this and they're telling all your personal information to the entire room. It's really, really important to be mindful, as the medium if you pick up personal information, as we were just talking about, that you decide if it's an appropriate space to share it, and you use your discernment. Now, generally speaking is the rule if you're working with spirit Spirit, will make that call for you. And you just won't pick up really personal stuff from the spirit world if that person will be uncomfortable with you sharing it. But if you're working psychically the filter has to be you. Which is why again, guys, you have to be really mindful of the mediums that you pick for your teachers and for your readings. Because they have to have done the work they have to have done the integration they have to have been present with the stuff that they need to be present for. And if they're not, then do you really want them delving into your energy, which leads even more to do So at this point about that medium, that is just going around doing it at a party without asking people's permission, I would be incensed. If someone did that to my energy, I mean, they'd have trouble getting through my barrier of intention that I'm like, I'm in a bloody metal, you know, nuclear bomb could go off in my energy, and you wouldn't feel externally because I've got so many layers of protection for that reason, because I have had people sniffing about in my energy, and I don't like it, it's nothing more intrusive than that feeling, like creeping feeling where you know, that you're in a group and someone is like feeling you up, and they haven't asked your permission, like, eff off, get out. And so, absolutely, it, you need to have people that are mindful of that, that aren't just trying to prove to everybody in the room that they can do this by getting the juiciest pieces of information out of your energy. And again, for your friend, that, you know, are you in that scenario, the friend, are you sharing people's personal information when you shouldn't be? Because, you know, it shows that you can interpret the energy and it makes you look good. Let the person who's having the reading, decide how they want to respond to it. And that is that is also very, very hard. Okay, I, you know what I'm going to say next, I want your suggestions for manners. I know that some of you will be listening to this and, and, and want to clap back on some of them. So do clap back. I love that. That's how we learn how we grow. So if you think I'm wrong about something, let me know. If you think I've missed something, drop me an email, drop me a voice note to my business. podcast that Hannah medium.co.uk or the WhatsApp that is in the show notes. And let me know your thoughts because I love it. I think there are things in this list that I've told you about that I didn't know were rude until I did them. And a teacher pointed out to me, I used to link into other people's spirits when they were working with them when I was a student so that I could practice I didn't know that was a no no. So if you're not told you don't know, do you so let me know what ones you want to add. And we will try and get them in on season five, but if not, definitely add one on season six. And I hope you've enjoyed this slightly ranty podcast we knew it would be I'll catch up with you soon.