



Mediumship Matters Podcast Transcripts

Season 3 Episode 13 - Interview with Fenn Spiritual Teacher

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, I am delighted to introduce you to Fenn—a fantastic psychic medium, spiritual teacher, and past life regression therapist. Fenn has a wealth of experience in mediumship, spiritual development, and psychic abilities, and today, we'll be diving deep into their journey and insights.

Fenn's Journey into Spirituality & Mediumship

Fenn's connection to spirit started from childhood. As a natural-born psychic, they experienced spirit communication from a young age, often playing with their grandmother—who had already passed before they were born!

- ◆ As a child, family and friends noticed there was something different about Fenn, often saying, "She's been here before."
- ◆ Growing up without the internet or resources, they had no idea what was happening—just an innate ability to see into people's lives and know things before they happened.
- ◆ Some saw this as a gift, while others found it strange or intimidating.

💡 Key Takeaway: Early psychic abilities can be overwhelming, especially when there's no guidance available. But spirit always finds a way to lead us where we need to be!

The Shift from Psychic to Medium

Although Fenn had always been psychic, mediumship didn't develop until their early 30s. The shift came unexpectedly through a deeply personal experience:

💡 After an ex-boyfriend's brother was tragically killed in a motorbike accident, Fenn found themselves receiving clear, direct communication from him. 💡 They relayed messages to his girlfriend via MSN Messenger (who remembers that?!), and the accuracy was undeniable. 💡 The spirit stayed with Fenn until after his funeral, providing constant validation—including predicting details like a surprise bouquet of flowers arriving at Fenn's doorstep and a spirit message being confirmed by another psychic.

That life-changing experience opened the floodgates to mediumship—and spirit has been working through Fenn ever since.

How Fenn Experiences Spirit Communication

- ◆ Hearing spirit (clairaudience) – But not as an external voice—it's within the mind.
- ◆ Seeing spirit (clairvoyance) – But not as fully-formed figures, rather snippets like a moustache, a handbag, or a specific gesture.
- ◆ Feeling spirit's presence – Often sensing height, energy, and personality, rather than a clear visual image.

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💡 “Spirit doesn’t speak in full sentences like we do. We receive energy and impressions, and our job as mediums is to interpret and translate it.”

Challenges in Mediumship & Misconceptions

One of the biggest misconceptions about mediumship is how messages are received. Many people assume spirit just talks to the medium clearly and directly—but it’s much more complex!

◆ Interpreting energy is key. A message about “the brain” could relate to a stroke, a mental health issue, or intelligence—the medium must navigate these layers. ◆ No, spirit doesn’t give secret “code words.” People often expect loved ones to say a specific phrase—but mediumship doesn’t work like that! ◆ Sitters must be open and engaged. A medium can provide incredible validation, yet sometimes people still resist accepting it.

💡 “If spirit just spoke full conversations in our ear, mediumship would be so easy! But it’s all about energy translation, which takes skill and practice.”

Animals & Spirit Communication

Did you know animals can communicate from spirit just like humans? Fenn regularly brings through pets in readings!

🐾 Dogs, cats, horses—even rabbits! 🐾 They communicate in the same way as human spirits, using energy, images, and memories. 🐾 Fenn has become known as an animal communicator, bringing comfort to owners who have lost beloved pets.

💡 “Energy is energy—whether it’s a person or an animal, spirit communication works the same way.”

From Learning Circles to Teaching Mediumship

Fenn’s development involved attending psychic circles and the Arthur Findlay College. However, joining a circle wasn’t always a smooth experience:

◆ Walking into a long-established circle as a naturally strong medium was met with resistance (not everyone was thrilled!). ◆ Some circles still use outdated teaching methods, claiming new students must wait years before getting a spirit link. (Total nonsense!) ◆ Despite this, Fenn quickly gained confidence and began leading their own courses and development programs.

💡 “Some people want to keep mediumship exclusive, but I believe it’s available to everyone.”

Launching the Soul App – A New Spiritual Platform!

One of the most exciting developments in Fenn’s journey is the upcoming Soul App, launching January 23rd, 2025! 🚀

🌟 A spiritual education platform with masterclasses, workshops, and interviews.

🌟 Covering mediumship, psychic development, manifestation, energy work, and more.

🌟 Children’s section to support young psychics and sensitives.

🌟 In-person Soul Meetups & Events across the UK and beyond!

💡 “I want to help as many people as possible unlock their magic. We all have the ability to connect with spirit!”

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Is Mediumship a Gift? Or Can Anyone Learn?

Fenn strongly believes:

- ✓ Psychic abilities are within everyone.
- ✓ Mediumship is an ability, not a gift.
- ✓ With practice, dedication, and the right mindset, anyone can develop their connection to spirit.
- 💡 “Some people have natural ability, but anyone open to learning can develop their mediumship.”

Advice for Developing Mediums

If you're looking to develop, Fenn's top advice is:

- 1 Practice, practice, practice. Mediumship isn't a one-day workshop—it's a lifelong journey.
 - 2 Trust the messages you receive. Stop filtering or second-guessing what spirit gives you.
 - 3 Let go of your ego. Mediumship isn't about proving yourself—it's about service.
 - 4 Understand the difference between psychic and mediumship work. They are not the same!
- 💡 “Spirit won't give you what you want—they give what your sitter needs.”

Final Thoughts & How to Connect with Fenn

Fenn's passion is empowering others to discover their own spiritual abilities.

✉️ Want to book a reading? Visit: www.fennpsychicmedium.co.uk

📱 Follow on Instagram & Facebook: @FennSpiritualTeacher

🎧 Don't forget to check out the Soul App, launching January 23rd!

Thank you, Fenn, for an amazing conversation! As always—have a bloody marvellous day!