



Mediumship Matters

Podcast Transcripts

Spirit Social Meet The Creators Edition

Season 8, Episode 10

Jackie Morell on Sensitivity, Spirit Voice and Trusting Your Own Path

Guest: Jackie Murrell

Host: Hannah Macintyre

Introduction

In this episode of Mediumship Matters, Hannah Macintyre is joined by Jackie Murrell, evidential medium and teacher originally from the UK and now based in Australia.

Jackie's journey into mediumship is one of quiet observation, deep sensitivity and long-term devotion rather than sudden awakening. From childhood exposure to Spiritualist churches, to decades of development, teaching and demonstration, her story highlights the power of patience, humility and learning to trust one's own voice.

This is a conversation about sensitivity as strength, evolving beliefs, spirit-led teaching and the courage to step forward even when you would rather stay behind the scenes.

A Quiet Beginning in Spiritualism

Jackie's earliest experiences of spiritualism began in childhood, accompanying her aunt and uncle, committed spiritualists, to churches and services across the UK.

As the quietest of five children, Jackie was often taken along, sitting silently through services, absorbing the atmosphere without fully understanding it. Looking back, she recognises this time as a period of energetic learning rather than conscious development.

What felt like ordinary family outings at the time later revealed themselves as the foundation of a lifelong relationship with spirit.

Sensitivity as a Challenge and a Gift

Throughout her younger years, Jackie experienced her sensitivity as something overwhelming. Rather than feeling empowering, it often felt like a weakness, leaving her emotionally exposed and unsure how to manage her inner world.

Over time, spirit reframed this for her. What once felt like vulnerability became her greatest strength. Learning to understand her own energy, her emotional responses and her internal awareness became central to her mediumship.

Self-development, Jackie believes, is not optional. It is the ground on which all spiritual work stands.

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Loss, Grief and Soul Awareness

Jackie lost her mother at the age of fifteen, an experience that shaped her emotional and spiritual life profoundly.

For many years after her mother's passing, Jackie struggled to feel her presence. While others offered messages, she did not always feel the deep recognition that comes with true connection.

That changed much later during a practice session with Tony Stockwell, when a medium described her mother pushing two prams. With both of Jackie's sisters having recently had babies, the recognition was instant and emotional.

The message reframed Jackie's understanding of connection. Her mother was not absent. She was everywhere.

A Different Relationship with Her Father in Spirit

Jackie's experience with her father in spirit was very different.

While their relationship in life had been complex, his presence after passing was active, communicative and deeply healing. Jackie felt him addressing imbalances, offering reassurance and continuing his own growth beyond the physical world.

For her, this became powerful evidence that relationships do not end with death. They evolve.

Development, Naivety and Finding Independence

When Jackie began formal development in Australia, she entered with openness and trust, taking teachings as truth and assuming that structure equalled correctness.

Over time, she began to sense limitations within rigid systems. Not through criticism, but through inner knowing. Spirit nudged her, gently at first, then persistently, to step outside established frameworks and explore her own connection.

She holds gratitude for those years while acknowledging that growth eventually required independence.

Seeing Spirit and Early Evidence

Although Jackie does not rely heavily on visual mediumship, she recalls several early experiences that confirmed her awareness was awakening.

One involved seeing people across a darkened meditation room glowing at their feet, later realising the effect was not physical. Another involved witnessing a man in spirit emerge through a minister's aura during a service, described with such clarity that she assumed everyone else could see him too.

These moments were not about spectacle. They were confirmations that something within her was activating.

Finding Her Voice Through Spirit

Public speaking did not come naturally to Jackie. She preferred working quietly, supported by notes, books and prepared material.

One day, during a service, spirit insisted she put the book down and speak directly. Unable to read the words on the page, she surrendered. That moment marked the beginning of trusting her own voice.

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Confidence, she learned, came not from preparation alone, but from allowing spirit to lead.

Teaching as a Reluctant Calling

Jackie describes herself as a reluctant teacher. Not because she lacked ability, but because she did not seek the spotlight.

Teaching emerged organically, first through circles, then classes, demonstrations and eventually residential workshops. Her approach is intuitive rather than rigid, guided by spirit rather than fixed lesson plans.

Sometimes content arrives clearly. Other times, nothing does, until the moment unfolds.

Jackie has learned to trust that spirit knows what is needed better than she does.

Sensitivity in Service

As a deeply sensitive medium, Jackie has had to learn how to work with vulnerability rather than against it.

Rather than hardening herself, she allows sensitivity to guide her awareness, deepen her compassion and strengthen her connection. Managing client expectations, emotional space and energetic boundaries has become an ongoing practice.

Sensitivity, she explains, does not weaken mediumship. It powers it.

Signs from Spirit in Everyday Life

One of the most striking stories Jackie shares involves a series of spirit signs surrounding her daughter's dream of opening a dance studio.

From repeated visions of fireworks, to a song playing at exactly the right moment, to unexpected references to jelly beans and a hidden childcare centre, the signs formed a clear pattern only visible in hindsight.

For Jackie, this experience reinforced that spirit communication is not always subtle, but it is always precise.

Quick Reflections

- Morning or night person: Night owl
- Sensitivity: Once feared, now embraced
- Teaching style: Spirit-led, responsive and intuitive
- Greatest lesson: Trust builds confidence
- Biggest validation: Spirit meets us where we are

Where to Find Jackie

Jackie currently works primarily through Facebook, offering readings, demonstrations and development opportunities.

Facebook: Medium Jackie Murrell

Her website is currently being refreshed.

Final Thought

Jackie's journey is a reminder that mediumship does not have to be loud to be powerful.

Sometimes the deepest work comes from quiet trust, lived experience and the courage to follow spirit beyond established paths.