



Mediumship Matters Podcast Transcripts

Season 2 Episode 26

Listener Questions

A Huge Podcast Milestone!

Hannah Macintyre:

Hello and welcome to Mediumship Matters! First off, I have to share some super exciting news—we've hit over 30,000 downloads of the podcast! 🎉 Honestly, I'm in complete shock. I feel like I should be giving an Oscar acceptance speech, but instead, I'll just say thank you. Your listens, shares, reviews, and support mean the world to me. Let's see how far we can take this by May! Today, I've got listener questions, some exciting updates, and a little insight into what's been happening behind the scenes. Let's dive in!

Microphone Epiphany & UK Tour Plans

I recently did my biggest mediumship demonstration yet in Faversham—and for the first time ever, I used a microphone. Now, I was nervous about it at first. I thought it might create a barrier, but wow, was I wrong. It actually made the event feel more interactive, and best of all, people could actually hear my jokes! 😂 Turns out, a microphone is my new best friend. This experience got me thinking—maybe it's time to take Mediumship Matters on tour. I'm planning a UK tour in 2026, but let's be real—I won't be doing the full-on rock star thing. Mediumship is not something you can do every night. You need downtime to recharge, so my version of a tour will be a few dates at a time, with space in between. If you know of any venues that can seat around 150 people, do drop me an email—it would really help!

Disagreements & Spiritual Growth

Lately, I've noticed a trend—people getting really angry about things they disagree with online. It's happening everywhere, and honestly? It's a massive energy drain.

Here's the thing:

- Disagreeing is fine. Growth happens when we're challenged.
- Wasting energy on arguments? Not so fine. If something online triggers you, take a step back and ask: Why is this upsetting me?
- You don't have to engage. I saw a post on Instagram recently that I totally disagreed with. Instead of diving into an argument, I simply unfollowed. Done. Energy protected.

If someone says something that challenges you, sit with it. Maybe it's something you need to reflect on, or maybe it's just not for you—and that's okay.

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Listener Question: Can Spirit Be Pissed Off?

Kim's Question:

"My mum passed recently, and my aunt and I have had dreams where she seems irritated and frustrated. It's heartbreaking to think she might not be at peace. Can spirits actually be annoyed? And if so, how can we fix it?"

Hannah's Response:

First of all—Kim, thank you for your kind words about the podcast! 🧡

To answer your question: Spirit isn't pissed off the way humans get pissed off. What you're picking up on is likely your mum's sorrow that she had to leave. She didn't want to go, and she wants you to know she's still with you.

Also, your own grief acts like a filter—it affects how you perceive her energy. Right now, you might be picking up on her longing to be with you, rather than the deep peace she's actually in.

Spirit doesn't judge. They don't hold grudges. Your mum isn't angry—she's just letting you know she would have loved to stay longer. Over time, as your grief softens, your connection with her will shift, and you'll start feeling more of her love and warmth rather than the frustration.

Listener Question: Does Spirit Stay Away When We're Low Vibe?

CeCe's Question:

"I heard on a podcast that spirit doesn't come through when we're in a low vibrational state. Is that true? I've actually felt some of my deepest connections during my saddest times."

Hannah's Response:

Great question, CeCe! And first off—if I ever said something that made you think spirit abandons us when we're struggling, I'm so sorry—that's not what I meant!

Spirit is always there. Their love is unconditional. However, when we're in a very low place, it can be harder to feel them because our energy is out of alignment with theirs. It's not that they leave—it's that our grief, stress, or fear can make it harder to sense them.

But here's the flip side: Sometimes, in our darkest moments, we are the most open and raw, which can actually strengthen the connection.

Think of it like this:

- If your mind is too busy, it's like static interference.
- If you're deeply present, even in grief, you might actually feel them more.

So, the key is to find ways to quiet your mind—even in tough times—so you can hear, see, and feel spirit more clearly.

Final Thoughts & A Hilariously Shameful Story

Before I go, let me leave you with a story that proves spirit is always with us, even in our worst moments.

Once, I was driving and had been chatting away to my spirit guides, feeling all enlightened and connected. Then, someone didn't say thank you when I let them through in traffic. And what did I do?

I rolled down my window and dropped the C-bomb. 🤦🏻

The second it happened, I felt my guides laughing at me—not judging, just laughing. And their message was clear: "Really, Hannah? Was that necessary?"

Spirit doesn't abandon us when we're at our worst. They love us unconditionally, even when we're acting like absolute humans.

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Wrapping Up

Thank you so much for listening! If you have questions, send them my way at podcast@hannahmedium.co.uk.

I'll be back soon with more listener questions and exciting updates. Until then—keep shining, keep growing, and remember—spirit is always with you. 🧡

SEO Keywords: Mediumship, Spirit Communication, Spiritual Growth, Energy Healing, Spirit Guides, Intuition, Connecting with Spirit, Psychic Development, Raising Your Vibration, Afterlife Communication.