



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 120 - Bonus Listener Questions

Navigating Mediumship Expectations, Energetic Costs & The Future of Spiritual Work

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

We are nearing the end of Season Three, and I'll be taking my usual August break before coming back in September with a fresh new season. But before that, I want to get through as many listener questions as possible, so let's dive in!

Taking a Podcast Break & Season Four Plans

I've been feeling like I need a pause—not because I don't love the podcast (I do!), but because I've got that nagging imposter syndrome whispering in my ear, telling me I'll run out of things to say. (Spoiler: I never do, but that voice is relentless!)

So, I'll be taking August off to recharge, spend time with my family, and come back re-energized for Season Four. If you have ideas for topics or questions you'd love me to cover, now is the time to send them in!

The Energetic Cost of Demonstrating Mediumship

Recently, I demonstrated in Surbiton, and while the evidence was strong and spirit was working beautifully, I was absolutely drained afterward. It got me thinking about the energy exchange in mediumship—how much of what we feel is influenced by the audience's energy versus our own energetic state?

Here's what I've learned after doing so many demonstrations:

- You can't control the energy of an event entirely. Some nights, the energy is electric and uplifting (like Glastonbury), while other nights, it's heavy and emotional.
- You can't make everyone happy—some people will always have expectations that aren't met, and that's okay.
- The biggest thing that matters is how I feel about my own work. If I've given strong, evidential mediumship, then I know I've done my job well.

But what I'm still pondering is how much I should try to control the energy. If a venue or audience has a naturally lower vibration, am I pushing myself too hard trying to lift it? Or should I just allow the night to be what it is?

I'll be reflecting on this over the summer and testing it out in Season Four. Stay tuned!

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## The Two Types of 'Elite' Mediums & Call Centre Mediumship

In the UK, I see two types of well-known mediums:

- The celebrity-style mediums – They have huge social media followings, but you rarely see them demonstrate live. They mostly do card readings and 'like & share' videos.
- The working platform mediums – They demonstrate regularly, travel to different venues, and show their abilities in action.

Here's my issue: A lot of the first group run call centres. They offer "personal readings" at low prices, but the readings aren't actually personal—they're pre-recorded videos randomly assigned to buyers.

For example, someone might pay £20 for a 'reading', expecting it to be tailored to them, only to find out their friends got the exact same recording. To me, that's misleading.

Spirit deserves better than this, and so do the people seeking genuine guidance. This is why I don't work with call centre-style readings, and I won't have mediums who promote them on my podcast. If something seems too cheap to be true, it probably is!

## The Difference Between Psychic & Mediumistic Work

There's a huge difference between:

- Psychic work (reading energy, emotions, and life situations)
- Mediumship (communicating with spirit and providing evidential proof)

And yet, so many people blur the lines. For example:

- Someone saying, "If you're seeing this video, this message is for you" and then giving generic statements
- Pulling tarot or oracle cards and calling it a mediumship reading
- Using vague initials and common themes to sound specific when they're not

True evidential mediumship requires specific, unique details that confirm a spirit's identity. If a reading could apply to anyone, then it's not evidential. This is why I'm so passionate about educating people on what real mediumship looks like.

## Not Every Medium Does Everything

One thing I keep running into at demonstrations is people expecting me to bring through pets. I always have to explain: I'm not an animal communicator.

That's a different specialty, just like:

- Some mediums focus on spirit guides
- Some do past life readings
- Some are healers
- Some connect better with animals than humans

And that's okay! You don't go to a mechanic expecting them to also be a dentist. So, why do we expect mediums to do everything?

If you're developing your abilities, you don't have to be all things to all people. Find what lights you up, and focus on that. Mediumship isn't about checking every box—it's about deepening your unique gifts.

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Final Thoughts: What's Next for Mediumship?

With more people awakening to spirituality, I wonder what the future holds. Will more people become discerning? Will we start expecting higher standards of mediumship? Will there be more regulation and ethics in the industry?

I hope so. But I also know that mediumship, like anything else, evolves over time. The best thing we can do is keep learning, keep questioning, and keep holding ourselves to the highest standards.

Wrapping Up Season Three – See You in September!

That's it for this season! There will still be a week-ahead reading on Monday, but then I'll be taking August off to reset, reflect, and prepare for Season Four.

Thank you so much for being here, for sending in your questions and messages, and for supporting this podcast. I am so grateful for each and every one of you!

See you in September!

Love,

Hannah x

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