



Mediumship Matters Podcast Transcripts

Season 3 Episode 2 - How Did I Know I Could Be A Medium?

Hannah Macintyre: Hello and welcome to the first Mediumship Mini of Season 3! I'm so excited to be back doing these—I absolutely love them.

If you have a question you'd like me to answer on the podcast, keep an eye on my Instagram stories where I often ask for submissions. You can also email podcast@hannahmedium.co.uk. I do promise to answer them all—it just takes time! So get in now while I'm up to date, and you might have an easier chance.

Today's question comes from Jenny, and she asks:

👉 How did you know you were a medium?

Great question, Jenny! Let's get into it.

Are Mediums Special?

If you've been following the podcast for a while, you'll know that I don't believe I'm special—because I believe the ability to communicate with spirit lies within all of us.

Yes, some people may find certain aspects of mediumship easier than others.

- Not every medium has the stage presence to be a demonstrating medium—it's more than just delivering messages; you need to be engaging and entertaining.
- Some people naturally blend more easily with spirit.

But the idea that only certain people are 'chosen' or have this ability? Absolute rubbish.

And here's why:

👉 The belief that only some people can connect with spirit has been used for money and power for centuries.

If I tell you that I'm the only one who can do it, that makes me look incredibly special, right? And it keeps you coming back to me.

But if I tell you we can all do it, then what does that make me?

This false separation has caused so much disconnection from spirit, and it drives me mad!

Mediumship should be available to everyone—because it's already within you.

I Had No Idea I Was a Medium

Jenny, the truth is—I didn't know I was a medium.

- I grew up with no connection to spirit.
- I reached my late 20s with no clue that mediumship existed.
- I had no 'calling' or early signs of being a medium.

It all changed when a friend of mine brought through my grandfather in a reading.

- It was so profound and unexpected that it changed my life.
- I felt an undeniable pull to explore mediumship.
- I joined a development circle, simply because I thought it was cool.

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That's it—no lightning bolts, no grand spiritual awakening.

I was lucky because my friend took me under her wing and guided me through the journey. But even then, it wasn't the magical Hollywood version of mediumship.

It was just simple and natural.

And looking back, if I had known then what spirit's plan was for me, I probably would have chickened out and run away!

Your Calling is in Your Interest

So if you're wondering, Is mediumship my calling?, here's my answer:

☞ If you are interested in it, that is your calling.

- If you feel drawn to mediumship, that's spirit guiding you.
- If you feel curious about it, it means it's within you.
- The path unfolds when you step up for it—spirit doesn't force you; you choose it.

The best thing you can do is start exploring:

- Join a development group.
- Listen to podcasts (like this one, obviously the best 😊).
- Read books and find what resonates with you.

Not everything you come across will feel right—and that's okay. Trust what aligns with you.

Final Thoughts & Takeaways

🌟 Key Lessons from This Episode:

- Mediumship isn't a gift—it's within everyone.
- There's no 'special calling'—your interest is your calling.
- I had no idea I was a medium until I experienced it myself.
- The idea that only certain people can connect with spirit is false—it's been used for money and power.
- The journey is subtle, natural, and unfolds as you choose to step into it.

Jenny, thank you for your amazing question! And for everyone listening—if you enjoyed this episode, please leave a review and share it!

And if you're ready to explore mediumship more deeply, check out my courses and mentorship programme at www.hannahmedium.co.uk.

Until next time—keep shining your light! ✨

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