



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 104 - Listener Questions

The Ego in Mediumship, Progress in Spiritual Development & Psychic Detective Work

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today's episode is packed with listener questions and deep reflections on mediumship, spiritual development, and the role of ego in teaching and learning. We'll also explore energy reading, psychic detective work, and the emotional responsibility of a medium. Let's get started!

Magdalena's Perspective: The Ego Problem in Mediumship

Magdalena, a working medium from Austria, wrote in with a fantastic email about her experiences in mediumship development, ego-driven teaching, and the frustrating lack of progress in the field.

She shared:

- Some teachers only teach enough to keep students dependent. They don't push students to outgrow them.
- Many spiritual coaches and healers seek validation through social media rather than focusing on true progress.
- Some well-known mediums only talk about their greatest achievements, creating an illusion that every reading should be mind-blowing.

I couldn't agree more, Magdalena!

Mediumship should be about constant learning, honesty, and sharing both successes and failures. The reality is:

- Even top mediums struggle in some readings.
- Names, addresses, and perfect details are NOT always possible.
- Progress is stunted when teachers hold back to maintain their own status.

If we truly want mediumship to evolve, we need more honest discussions about what's realistic—not just highlight reels of perfection.

The Arthur Findlay College & The Truth About Mediumship Training

Magdalena also spoke about her experience at Arthur Findlay College (AFC), where she expected top-tier teaching. Instead, she found that even well-known mediums didn't consistently deliver names and addresses—a stark contrast to the image presented online.

This is something I've noticed too. Some tutors spend more time telling stories of their best readings than actually teaching students how to improve.

- I've been in workshops where half the session was spent listening to a tutor boast about their most incredible demonstrations—but when it came to platform work, the same tutor struggled just like the rest of us.

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Mediumship is not about impressing others with impossible standards. It's about:

- Understanding real-world mediumship (not just the Instagram version!).
- Fostering student growth instead of keeping them dependent.
- Encouraging critical thinking & questioning—not shutting down students who challenge outdated methods.

The ego in teaching is a massive problem in our field, and I truly believe a shift is coming where students will start demanding more honesty and integrity.

Energy Sensitivity: Can We Physically Feel Someone's Energy?

Kelly sent in a brilliant question:

- "I can read a room, but lately I'm physically feeling people's energy—both good and bad. Is this normal?"

YES, Kelly! You're experiencing energy sensitivity, and it's completely real.

But here's the key: It's not necessarily 'good' or 'bad' energy—it's just different vibrations.

If we think of energy on a scale from 1 to 100:

- 100 = High vibrational, light, connected to spirit.
- 0 = Heavy, dense, negative, disconnected.

If you're generally vibrating at 70+ and you suddenly encounter someone at 15, you will feel it—just like a magnet repelling another.

My advice?

- Don't force yourself to sit in energy that feels off. If it's uncomfortable, remove yourself.
- Listen to your instincts. If someone's energy feels heavy, trust that.
- Your vibration has changed. As you develop spiritually, your energy shifts—meaning you may no longer resonate with old environments or people.

The biggest lesson? Never lower your energy to make someone else comfortable. Trust your boundaries!

Euros' Story: Psychic Detective Work & The Ethics of Missing Person Cases

Euros sent in a powerful voice note about his experiences with psychic insights into missing persons.

He shared:

- A vision of his cousin's passing before anyone knew.
- A spirit visitation from his cousin at the funeral.
- An experience with a missing co-worker, where he intuitively saw the man's fate.

The big question Euros asked: "How do I trust my ability when dealing with something this serious?"

My honest answer? Psychic detective work is a huge responsibility, and it's not for everyone.

Here's my take:

- You need extensive experience before offering information to others. Finding missing people isn't just about being psychic—it's about handling grief, trauma, and ethics.
- Spirit won't always give clear answers. They may withhold details to protect families.
- Your gut matters. If you feel strongly about an insight, trust it—but also understand intuition isn't always 100% accurate.

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Would I personally take on missing persons cases? No.

- I trust my mediumship, but I don't specialize in this type of work.
- I wouldn't feel comfortable telling a family, "Your loved one has passed", unless I was absolutely sure.

If you feel drawn to this work, train in it extensively—don't rush in based on one or two experiences. It's one of the most emotionally intense areas of psychic work, and it requires more than just intuitive ability—it requires deep ethical responsibility.

Final Thoughts: Ego vs. Service in Spiritual Work

This episode has explored ego, honesty, energy reading, and psychic detective work—but at the heart of it all is this question:

Are we serving spirit—or are we serving ourselves?

Mediumship should be about:

- Lifting others up, not keeping them dependent.
- Sharing real experiences, not just success stories.
- Challenging outdated methods and demanding more integrity in teaching.

If you're feeling frustrated with the gatekeeping and egos in mediumship, you're not alone. Change is coming.

Thank you to Magdalena, Kelly, and Euros for their amazing questions and stories! If you've got an experience or a question, send it in—I love hearing from you.

Until next time, trust your energy, trust your intuition, and stay open to growth.

Love,

Hannah x

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