audio1821084250

SUMMARY KEYWORDS

feel, connected, spirit, write, chanting, path, hard, committing, moment, experiences, mediumship, work, love, young, friend, book, podcast, thought, cards, guides

SPEAKERS

Rebecca Campbell, Hannah Macintyre

Hannah Macintyre 00:02

Hello, and welcome to mediumship matters with me, Hannah McIntyre. And I am incredibly excited that the first guest on season four of the podcast is the incredible soul. That is Rebecca Campbell, a lady who probably needs no introduction, but has written copious books. oracle decks has got a thriving online community and of course, her own podcast. Welcome, Rebecca, thanks for joining us.

- Rebecca Campbell 00:31
 Good to be here, Hannah. Hi, everyone.
- Hannah Macintyre 00:33

It's really, really exciting to have you. This is a big moment for me, I'm trying to behave normally. But when I when I was developing, and your cards first came out, because they have such a different vibration, and look and everything about them, they were such a wonderful gift to me, for my unfoldment. In fact, I have one of your cards just pinned up there permanently, the bud just looking at me. And that's been up there for about two years, just to remind me, it's supposed to be all unfolding. Let it happen. So I always like to start with how you started, because it seems like the natural place. So how did you get involved in all of this?

R Rebecca Campbell 01:16

Well, I think since a young, I was young, I was always kind of want to say like connected to spirit. I think we're all connected to spirit, but like had a longing toward it. And yeah, that was not something that was kind of that was part of my surroundings, or how I was raised. So I think often when you have those little signs like, Yeah, I mean, I wish I knew, I wish someone told me when I was younger, to like, pay more attention to those things that make you different. I know when you're younger, you tend to try and like fit in that actually those things that make us

different and unique. And to be on it's my belief that kind of shows like the soul gifts and potentially like the life path. So yeah, I'd always been that way inclined. I had some a couple of experiences in my teen years. You know, I've not studied mediumship. But I've had experiences and that that was the beginning for me. Oh, wow. Yeah, I connected with a couple of spirits of children who had passed away. And yeah, it's interesting. I was just in New York with John Holland, who you probably know who's a medium. And yeah, I've got a lot of medium friends in my life. And I was saying to him, you know, I've been noticing lately that, here's where my path started. But it's interesting that I've not, it's not been like the active path yet. And so yeah, there's something that I'm very curious about. I think I'm sure like you, I It's the path I'm walking now. I mean, maybe my soul chose it. But it hasn't felt like it's been something that I've kind of chosen on a conscious level. I've said yes to it as things come up. But yeah, it's I'm just very surprised. That

Hannah Macintyre 03:19

it you came from a corporate background, didn't you? Yeah, yeah.

Rebecca Campbell 03:22

So I, I ended up going, I knew I wanted to have, I was very clear that I wanted to inspire people with my creations. That was very clear. I had visions when I was younger about like writing books. And you know, I discovered a Hay House and all of that. But I was just like, How can I possibly do that? Like, I barely lived a life and all of that. So the mystical arts and intuition, and all of that really became a passion and something that I was studying in. But I never saw it as a career. But I continued on and I ended up having a career went to university had a career in advertising as a copywriter, and then a creative director. Really enjoyed it. And, you know, obviously, in the corporate world, lots things I didn't like about it. But it wasn't until my late 20s that I just realised, like, oh, first of all, I was like, Well, I'm pretty much more qualified now in my passion than even my career. And I also knew that that it just wasn't part of my path anymore. And that was really difficult for me because I think when I when I was younger, I knew very clearly that my career was like, a big part of my purpose. Like I knew my career was like, there was something I came here to do kind of thing. And yeah, I worked really, really hard at it. And when I look back now, I'm like, Oh, I used to pray and walk in nature before going into work, like praying for creative ideas that we're going to like To raise the vibration of the planet, as I would have said back then, to come in fully formed, and I do that before, before going to work, because I just could not work in the office like I always have to be in nature, which is where I do a lot of my writing now, not all of it, but a lot of it. And so yeah, I like coming to terms with the fact that this life that I'd consciously created, and all the effort I put into it was like, not, you know, doesn't mean it was a waste. I learned so much, which I use now. But yeah, that the fact that it was like, not where I was being called, was such a difficult thing for me to accept and loosen my grip grip around. Yeah,

Hannah Macintyre 05:46

that's so interesting, because I used to have a cooking business. So nothing to do with mediumship at all very physical. And, again, there was the creative stuff of designing everything and everything like that. But when you get, there's a kind of a weird grieving process isn't there, even though you you know, it's the right path, you still have to let go of everything you've built in that direction, though. True. Yeah.

R Rebecca Campbell 06:08

And I think it's really hard to, like, I think, looking back of close, you realise nothing's ever wasted. And that, I do believe that when you do when, when it is a call from within, and you do gather the courage, and you act consistently, it's not like just like getting guidance and dipping your toe in, you've got to go for it. But in my experience, when you do do that, it's like, it speeds up way faster than if you had have stayed in the previous Yeah, yeah, sure. I knew that. I would have done that earlier. If I had known that.

- Hannah Macintyre 06:47
 - Yeah, I think but then look at all the ins like I said, I've got your, your card up on the wall, all of that, that everything you teach people comes from that process that you've been through, helping others to
- Rebecca Campbell 07:00 show you too.
- Hannah Macintyre 07:02

So you know, it wasn't all it wasn't all bad, because we're all learning from it. So that's great. So was there a moment when you fully committed and went? No, I'm choosing a new path? Or did it sort of come in creeping bit by bit?

Rebecca Campbell 07:16

That's such a good question. I mean, it creeped for a very long time, but there was definitely there's definitely a couple of moments where I think it was almost like, you know, committing 30% then committing 60% And then committing 100%. And, yeah, there were when my friend Blair passed away, I didn't know he passed away. I knew he was sick. He was in a coma, and I got on the plane. And he died. I could, I felt his passing. I knew he had passed like he, he I felt his body on me while I was on the plane. And I knew he passed, like the exact moment. And him and I had always said, we went to university together actually, he was an actor. But both of us were really creative. And we had had this plan to he was like my spiritual friend. Yeah, undercover. But he was my spiritual friend. And, yeah, we said that we'd like make it in our careers. And then we'd write a book together. And there was something about him leaving that made me commit fully. And interestingly, I ended up when I was back, I ended up staying back in Australia, because I was based in London. When I heard the news, and we organised his funeral, and I spoke at his funeral, I read some of his writing. And we, myself and some of our friends, went and saw a medium. And he came through, and in the end, oh my gosh, it was like such his personality. Like it was just it was very, like, how do you describe it? He just thought

he was fabulous. And everyone was fabulous. And he she brought him in so accurately. And in it, she was like, she went for me. And yeah, one of the things she said is like, he said, You need to write the book, like you need to write the book. So that was definitely a moment. And then straight after actually, it was so funny. He, his personality came through. And it was as if he was like comparing

Rebecca Campbell 09:33

himself to the other spirits. And it was like, that is in like a fold. So well, it was so good. Yeah, so that was definitely a moment.

Rebecca Campbell 09:45

And then there were two others. One was there was a big I was listening to. He's now a friend of mine, Guru and I'm saying he, he he was chanting and there was this song. I think it was called The grace of God I know unto thee was like, give up all your hopes and your dreams, your plans and your script schemes. So basically, like stop trying so hard and surrender to the god, Goddess, whatever you believe. And it was just the right moment. And I did. And I think soon after, it was like the relationship ended, you know, a whole lot of things. And that was actually before layer died. And then the final piece was really, me committing to the work like in a, like, a, like a really practical way. And that, that consisted essentially of me seems so basic, but it was the thing that changed everything, showing up to a daily spiritual practice. And then acting on the guidance that came in in a very small baby step, which is like the core of what I teach now, every day listening to intuition everyday acting on it, in a tiny way. Yeah. And that, that final piece, I think, is the thing that that really changed everything. Yeah.

Hannah Macintyre 11:08

I love it. I love it. And you have done hella amounts of training. I mean, you your list of qualifications and things that you have done is you really have committed to learning as much as you possibly can. And when I was listening to your podcast, you were talking about Catan training. Is that how you pronounce it? Yeah, can you just tell me what that is what that looks like, but it's

R Rebecca Campbell 11:32

essentially a chanting. And I trained with Nicky Slade, who is a wonderful leader, she used to be a singer prior to doing the more spiritual side of things. So I trained you may have seen the instrument the harmonium, I trained in that as well. Yeah, and so for me, I never thought I trained in it, but chanting when I first discovered it, particularly in Sanskrit, which is an ancient language connected to Hinduism. Hinduism is really the name that we give those traditions but right yeah. But it's a very ancient ancient language and, and, yeah, it when I first started chanting and hearing, chants, my heart just cracked open, and I just couldn't stop crying in the most beautiful sentence. And you know, some of it was grief. But it was more than not it was it like, touch something in my heart that felt like home. And yeah, and so I just began doing it. For myself as part of a devotional practice, it was the quickest way I could get to what I call like the

nectar. And, and then yeah, I would say to my was my friend, but Nikki, you teach me can you teach me I bought myself this instrument teach me and she's been an amazing teacher, because she was so slow and steady. She's like, I'm working on a training, but it's not ready yet. And years and years passed. And then eventually, she had the training, and I was ready for it. And so I did it. But it was very, very life changing. And yeah, now, in a lot of my group work, I use chanting as a tool to really connect into the heart space. Yeah, it's Yeah, I love it.

Hannah Macintyre 13:39

I love that. That's amazing. When you are receiving all of your inspiration for all of the things that you do, where do you personally feel that is coming from? Is it from you? Is it the spirit world? Is it universe is its source? What do you feel like you're connecting into?

R Rebecca Campbell 14:00

I mean, I've got a couple answers to that. The first one is, for me, the sacred God, Goddess, whatever we want to call it. For me right now, it feels like it's I call it like the intelligent pulse of life, which I think every one is connected to every living thing is connected to. And so yeah, while in the past, I have been like, you know, I was raised to God and then got us and then you know, all of that. I think it's all kind of connected to all the same thing. But specifically with creations. Yeah, I would say that I, for every single thing that I create, I tend to have like a guide that I'm working with or a group of guides. Yeah, and So for example, my first book was the Council of light. The second book was the mandolins. And so on. Rose oracle was, well, we have rose or equals a different one because it's it's the individual rose, like the spirits of nature, as well as the symbol of the god the rose, which is love the goddess, the Great Mother, through the ages that has, you know, gone underground or whatever. So yeah, I definitely do connect in with guides. But yeah, but I kind of got to a bit of a funny relationship with like, seeing guides is separate as well, because like, in my personal life, I don't go spirit guides, please lead me like I do sometimes. But generally, I'm just connecting in with that intelligent pulse. But when I create, I definitely am connecting him with a particular frequency of it. So gets a little bit of both how about you

Hannah Macintyre 16:03

know, I will, because I for a long time, I believed as spirit guides as individuals, which is, but now I think it was actually just the aspect of me that is in spirit. Right? Yeah. So it's that kind of that communicating with and I needed it to be because I was so disempowered when I found spirit I needed it to feel like it was separate. I needed to.

R Rebecca Campbell 16:24

It's really interesting because yeah, like I was talking to my friend Kyle the other day, he's thing is that angels, and he had said to me, he's like, Oh my gosh, the angels are appearing as light beings to me now rather than however they did before him speak for him. And I was like, that's why I've never publicly spoken about angels, because the way I see what I think are angels has

been like light beings. And so I'm like, well, they mustn't be angels. And so I think that having it's kind of like with oracle cards, or any kind of spiritual tools, you some people can use them for, like full on prophecy, and kind of like, put the power into the object or into the guide or into the whatever. Yeah, and I think that for me, my, my path has always been going direct. And then that's kind of made me doubt it sometimes because I was thinking like, I'm not having these like huge experiences of like this external. Ya know, when I do write it come it comes in. I can't deny that part of it. But the clear buoyancy of like seeing Yeah, but I'm getting it now. And so it's like, oh, my gosh, it's a confidence thing. You know, like, actually, what I was getting was like, so accurate. But I was doubting it because I thought it had to look a certain way, which I think is super common. Yeah,

Hannah Macintyre 17:57

I think that's part of the problem, actually, for most people, is that they cut themselves off from spirit because they're expecting an effigy. And when you say it's a vibration, it's not tangible enough for our humaneness. So yeah, I love that. That's fascinating to me. I was a little aside, decided to make your oracle cards packs open differently. Because the

R Rebecca Campbell 18:21

triangle Bob, yeah. You know, it was actually my husband. Um, yeah, he actually works in in my business. And he was like, We really need to do a really unique box and a great idea. And so we were thinking, Oh, maybe I said that a unique box or something. But anyway, it was his idea to how the triangle box had work. Isn't that amazing?

Hannah Macintyre 18:44

I love it. It is so unique and outstanding and just fancy. When you go, Oh, I love it. I do really love it. So, obviously, you're you're a mother, you talk about being a mother, your children are gorgeous and cute and on your Instagram and we can see them all there. They're lovely. How do you balance the demands of motherhood, with the prolific nature of the way that you can tap into that creativeness? Do you feel constantly pulled in two directions? Do you are you very good at managing it? How does that look for you?

R Rebecca Campbell 19:22

Yes, so hard, right? I don't know. I mean, I'm definitely in the trenches right now in the sense of like, my kids are really young. And my eldest is almost four. And like, that's getting so much easier. But I've got like a, my daughter is less than one. And so, yeah, it definitely is getting easier and easier. Like for example, I had an event in New York just last week, and that my event before that, my daughter had come with me so did my husband and his mom like that. Yeah. And that was really hard because babies and so yeah, we made this, like, I went through like a six month process working out how we were going to do that, because I'd booked it way before her having her. And in the end, I weave when I took the mum guilt out. And when I probably my husband and I connected because he's very hands on. And we don't have family nearby here because we live far away. But we've got people who can help us and support us.

And, yeah, when I took that out of the equation, it was just clear that I should just go but you know, of course, then I didn't want to be away from her for very long. So I did New York, like back and forward in like, 48 hours, basically. Wow, mental and ridiculous. And I won't do that again. I'm just figuring it out. You know, I think as a sensitive, or both my husband and I are introverted, for sure. Our human design is what do you call it? I'm having a mental blank right now. projector which is basically, you need time on your own. So I've I've I struggle with that quite a lot having young kids. Because, yes, it's just like needing to be in my own energy cedex place to refuel. It's just not possible. It's not. Yeah, yeah. And I think with with the work stuff, like I've been, I find it a lot harder writing books postpartum, that article decks are a lot easier for me. Because I think with the book, you have, like, it's such a big container. That to me, the way I write as well. It's like living, breathing, sleeping with it and all of that. And it's just not possible with with young kids. I don't know when that changes, you'll be able to tell me I'm sure that the psychic scanning that you have of you know, that hasn't stopped 11 or something or seven, or

Hannah Macintyre 22:06

I'm still I'm so I've just come back from Texas. Funnily enough, I went, I did five days and just went out there to work. I could leave them and yeah, it was hard leaving them I felt bad leaving them. My husband's more than capable. But it is the mum guilt, isn't it? Yeah. But it was so nice when I was there to be just totally focused on my work.

R Rebecca Campbell 22:27
And me. Yeah. Yeah.

Hannah Macintyre 22:31

I didn't have to think about dinner. If I wasn't hungry, I didn't you know, I didn't need to eat. I didn't have to worry all the time about people other people's needs. And that is really, I think it is really, really hard when you're a mom. But I think I'm still connected. I'm still trying to tune into them even when I'm miles away. Because you do don't yeah. Maybe that will never end up constantly, psychically sort of stalking them. They'll move out and be going God, man. But yeah, it is it is really hard balance. And because it's obvious and everything that you do, how passionate about it, you are, it must be hard to be in that ebb and flow. I found it very hard when my kids

R Rebecca Campbell 23:09

yeah, and but then I think on the other side of it, it's like, and I think everyone's got their own unique calling with it all. Like, I've got so many friends who it's just like, they're What 100% Mother mean, they don't run their own businesses. So they can like, you know, with whatever maternity leave, they can have, they can have it. I didn't get any maternity leave. I tried to give myself up. But yeah, it's a different setup when you've got your own business, isn't it?

Hannah Macintyre 23:41

Absolutely. But especially when it's a passion as well, because it's calling to you know, it's such a it's such an interesting space. And I have a lot of people the reason I asked you that is because I have a lot of students and people that come to me and say, you know, how do we fit in? And I always say don't expect spirit to clear the slate because they can't. So you've got to be selfish sometimes. And that is how

Rebecca Campbell 24:05

Yeah, you don't have to get it all achieved in a short window. Yeah, absolutely.

Hannah Macintyre 24:10

Absolutely. So change of subjects here. Why do you think we come here? What is it you think? Why do you think we incarnate just a small question here for you, Rebecca, why do you feel like we incarnate on Earth? What do you think?

R Rebecca Campbell 24:26

Yeah, I mean, I've got I don't know the answer. But I've got some thoughts on it. So I remember one of my teachers explaining that Earth is a school of manifestation. And when I say that, I don't mean like, just like law of attraction, kind of more stuff, kind of. I'm talking more like creating, which I guess is law of attraction too. But it's about like, you know, I think we particularly as humans on this planet, compared to other most Have other living beings like we have a voice and we can create things like whether they're books or homes or whatever it is. So I think that there was something in that. In the experiences that I've had, like I had one regression I did, where I went, I spoke about in my first book that is the New Black, where I went to the moment before my birth, and chose family of origin based on like, my soul's lessons and all of that. But then I was then taken elsewhere. And I was one of many, many, many, were where I did connect with the Council of light to receive a collective mission, I guess you'd call it. And so I think that that is the thing that I've felt, since I was young of like, I've come here for a reason. There's something I'm here to do. I want to do it now. I'm not sure if everyone has that, or just some people have that. I don't know the answer to that. But I know that I do. And I've met lots of other people who also have it. So. And, you know, I think I think with that there is something about incarnating at this time, which I know there's been lots of property and a lot of stuff written about that. Yeah, but I'm not entirely sure what we're doing. But I think that there's something that's happening.

Hannah Macintyre 26:31

I love it. Yeah, that's pretty much how I feel. To be honest, there's I mean, I can only tell you about my path. But I can also say that, although I can't leave it alone, there's the compulsion in it. Whenever I'm talking to spirit and saying, Do you want me to do this? Because it's not the easiest of paths were on? Is it?

- Rebecca Campbell 26:49
 Oh, my God, totally. Especially the work you do like?
- Hannah Macintyre 26:53

 And they're like, well do it if you want, don't if you don't, and I'm always like, oh, kids, you want them to say you had to finally required your light. And they're like, Well, you learn it or you don't learn it, you do it or you don't do it. And I'm like,
- Rebecca Campbell 27:07

 Yeah, I love that. When I saw John Holland, he did a mediumship demonstration just this past weekend where we were. And I loved how he said he would say, and it was almost like he was teaching the audience as well as like saying for himself where he was like, I'm in charge of, I guess the spirits. They're not in charge of me. Yeah, I was like, yes, that's such a good, that's such a good teaching. Because yeah, you could easily get into kind of, like murder victim, you know, like as in like, Oh, it's so hard. You know, they're, they're everywhere, and all of that. And

I think it's so important to just be like, so like, in your power with it, you know?

- Hannah Macintyre 27:50

 Absolutely. Absolutely. And it is, I mean, as you know, it is an inescapable there is the, the unfolding the we have a choice in it, of course, and what we do with it and how it unfolds, but equally, it's calling all the time, isn't it? And me doing that hand movement just makes me think of the rows are cool. And the rows. So what drew you to the rows?
 - Rebecca Campbell 28:15

 Um, well, the beauty. But yeah, it was I started, I asked myself, What lit me up back in 2010 2011. And what the answer I got was flowers. hadn't really thought about flowers before, but started to follow that and really connected with the rose and the peony. And then I discovered Queen Mary's rose garden in Regent's Park, which is where I would walk every day and meditate. And it was there. I mean, I don't know if you've been there, but there's like, Oh, you got to go. It's in the middle of Regent's Park. It's a circular rose garden, and there's like 30,000 Roses. It's amazing. And so that's where I would go, and I'd write for 10 minutes a day, and just connect in with whatever that intelligent pulse is. And I'd walk with nature. And you know, I was clearly connecting with the spirits of nature, didn't know what the spirits of nature were. But yeah, and who knows, maybe it was just the voice of my soul. Like, doesn't really matter. But I started to receive writing, which I started writing and it reminded me of like, some experiences I had when I was younger, it was almost like hearing poetry. And yeah, that's when I began writing.
- Hannah Macintyre 29:36

I love it. I love it. Now you've got your, your amazing podcast, and I love that because it's a real mix of inspiration and taking space and listening to the intelligent pulse and taking a bit of a break for that. But also you're very candid in sharing your experiences and how you see things you aren't shying away from it and giving us some sort of sanity. highest version of you tell us about your podcast, how it started?

R Rebecca Campbell 30:04

Yeah, for sure. So it's called returning with Rebecca Campbell. And it's like, you know, on Spotify and iTunes, and all of that, you know, I, I had received the call to do it for a little while. But you know, as you know, it's, it's not that easy to do a podcast it is. But it's also it's not straightforward. Which, yeah, I had no idea about when we began it. But the real reason I wanted to do it is think, in our day and age, particularly with all this short form content, it's, you know, amazing, but also just like just reducing our attention span. And there's no space for nuance, and, you know, just so much separation and division. And I had been changing a lot, we always change a lot, right? But I'm not really someone who will just like pull on, pull out my camera and just be like, This is what I'm going through right now. I tend to go through it, and then I'll write about it. And so I was looking for a way that I could, while I'm changing, which is all the time, be authentic, without having the pressure to just be kind of like on social media all the time. Absolutely. So that that's where where it began, really? And yeah, kind of evolved from there.

Hannah Macintyre 31:38

Yeah. And you have some interesting topics. I mean, at the moment, you've been, again, anger, I think when we're on a spiritual journey, there's a lot of sanitization of anger, and you shouldn't feel that and that's a bad subject. And it was really lovely to hear you talking about it as as a power really is something to sit with and be present for and hold space for. I was really asked like, yeah, yeah. Because we do we apologise for it, don't we? And

Rebecca Campbell 32:05

yeah, and we stifle it. And then you know, it like it's it's our helplessness or hopelessness, it turns into like sadness, and if we don't express it, yeah.

Hannah Macintyre 32:18

And you were talking about mystical experiences, and I thought yours were rather unexpected sitting with people who have passed and feeling the absence of them, and classing that as a mystical experience. I'm not trying to spoil your whole podcast, I'm not going to do every people can listen. But it was just a really powerful way of looking at misuse because you think mystical experiences like we said, we can be tangible, bigger. And it was really, I loved it. I loved it when your friends ones as well.

Rebecca Campbell 32:51

Oh, yeah. The friendship ending one that yeah, that's been really popular, actually. I think, um, yeah, a lot of us have been through something like that. Where, yeah, a friendship or relationship. And, and it's not spoken about or it's like, we're unable to process it. Whereas like, you know, if it was a romantic relationship, it's, there's a, it's a lot easier to kind of, yeah, I know. It's hard to heal from nada. No, it's one of the hardest things we can heal from but, but there's so much unspoken around around. Yeah, friendships. Absolutely.

Hannah Macintyre 33:26

So what advice would you give to somebody that is right at the beginning, right, where you were at the start, when you're hearing that call? And you're not sure what it's for? Or what to do with it? How would you suggest that they start?

- Rebecca Campbell 33:42
 So if you've got a call to, I'm assuming you mean like a call of like, doing similar type work?
- Hannah Macintyre 33:49
 Yeah, of opening up to the energy and feeling that inspiration. And
- Rebecca Campbell 33:54

so I think the first thing is, like, stay in the passion of it. So like, try not to figure out every step along the way and try not to try and, like, feel like you need to be an expert right at the beginning. Yeah. Be in the Wonder be in the passion of it. And act on that every single day. Don't, don't feel like you need to like heal the world or help people even just share what's true for you. And your people will come to you. I know what it's like when you begin particularly if you like looking to your teachers or mentors or you know, people that inspire you just like like I remember I spoke about this at the event on the weekend. And I remember paying like before my first workshop so used to write down everything I would say word for word, which I of course could not read out when I'm doing a workshop. And now I do always do a plan but it goes out the window. The moment I kind of let spirit come in And so yeah, just do whatever you need to do to feel grounded and take the little baby steps day after day after day. But don't overthink it. Don't feel like you have to be further along than you actually are.

Hannah Macintyre 35:14

And love it. Thank you. What is something that you wish that everybody knew about your work? And the stuff that Ed? Oh?

Rebecca Campbell 35:29

Well. I'm not sure about what I wish people would know. But I think beauty is really important to

me. And I think beauty is very different to perfection. So beauty is like embracing and appreciating and seeking those like or moments, you know, and I think it's why I love the rose so much. You know, the rose is beautiful in the bud form, like your card, but it's also beautiful when it releases its petals to the to the earth. Yeah, so yeah.

Hannah Macintyre 36:00

Oh, I love that. That was see you can tell the poet in you. Beautiful answer. Okay, and tell us about your mystery school? Because that's launching soon, isn't it? Yeah, yeah. So

Rebecca Campbell 36:11

we've got enrollment throughout third class. So I've done it twice, twice before over the past couple years, and it's youth re beginning. It's really about unlocking your intuitive gifts for sure. But yeah, like unlocking ancient wisdom as well, connecting to the intelligent pulse that's woven through all of life. Yeah, it's a nine month training. It's awesome.

Hannah Macintyre 36:39

Oh, wow. sounds incredible. And what about you personally? What's next for you? What are you looking forward to?

Rebecca Campbell 36:46

Oh, I'm going to Australia for six weeks over Christmas. I'm looking forward to that. To see family. Yeah, yeah.

Hannah Macintyre 36:54

Ah, I was gonna ask you, how did you end? How did Somerset get ahold of you?

Rebecca Campbell 36:58

Oh, I have no idea. The land here? I don't know. We just We didn't plan to move here. But then I had two kids here. I don't know.

- Hannah Macintyre 37:10
 It is. It's got its own frequency, that area of the
- Rebecca Campbell 37:15

It's so bizarre, because I also have like quite a few people I know who are like, trying to move here. And it's a funny place. Like, it either just pulls you in, or like it's hard to get in. But yeah, so I don't know. It's a mystery. We'll see. I mean, I do think that, you know, obviously it's like home of the goddess or a town that where the goddess is deeply revered. And yeah, I think that I've been doing a lot of like, personal healing work since I've been here. I birth my two babies here like at my home in in Glastonbury. Oh, wow. And yeah, so I wonder I'm not sure if that that's going to be like a chapter or longer. That. All I know is the next destination is unknown if there is one.

Hannah Macintyre 38:02

Yeah, I love it. When I came to Glastonbury to dam in May. I've never been before. We're trying to pick places for me to dam that we can visit and a glass and we obviously it's got that incredible high street with all the spiritual chop shops and Starchild and all of that stuff. But it was just for me the frequency of the place being a Capricorn and I'm very masculine. In my energy and my approach with business and structure and getting stuff done. You don't and you rock up at the venue. And they say how many people have you got coming and you say 150. And they go, hope we've got enough chairs. And you say,

- Rebecca Campbell 38:35
 I just had it? You were in town hall. Whoo.
- Hannah Macintyre 38:38

I was in the assembly rooms, assembly rooms got it. And they were amazing. But they and they I went well. You said you had 150 chairs. And I went yeah, we've lost a few since then. It'll be fine. And I had to go back. This is. Yeah, this is a different place. You have to just be Oh, and let it in. And then they were like, we've got my friend come in my friends coming. And I was like, Oh, well, we've sold out and they were like, Yeah, there'll be face to face with my friends. Oh my god. It's just but I loved it. And it was really good for me to be in that frequency. But I couldn't live in it.

- Rebecca Campbell 39:14
 Oh my god.
- Rebecca Campbell 39:16
 Well, yeah, we don't go into town very often.
- Hannah Macintyre 39:20

 So I love it though. It's an amazing I mean, the energy took me a week or so to come back

down to Earth because it lightened Yeah, I was like, so loved it. Thank you so much. Nice to meet you. It's been lovely to meet you. Obviously, I will put a link to your website in the show notes so everybody can go check you out. But I think most people have got your books and heard of you and got your cards anyway. So it's been lovely to

- Rebecca Campbell 39:46 talk to you and pop it through the team and we'll share it as well.
- Hannah Macintyre 39:50
 Oh, amazing. Thank you so much. Yeah, bye