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## SPEAKERS

Hannah Macintyre, Gordon Smith

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**H** Hannah Macintyre 00:02

Hello, and welcome to mediumship matters with me, Hannah Macintyre. I am incredibly excited to be bringing to you today an interview with one of my heroes, Gordon Smith, who has agreed to come on. Yes, the Gordon Smith, author of 23 books, Britain's most accurate medium and great inspiration to people all around the world with his incredible abilities and his teaching. Hi, Gordon.

**G** Gordon Smith 00:34

Hi, Hannah. It's a pleasure to be asked to come on.

**H** Hannah Macintyre 00:37

I'm really, really excited to have you. Now, I want to start straight away today in the way that I always start every interview on my podcast, which is how did you begin with all of this? I know it's been 30 years. I looked on your website earlier, but how did it all start for you?

**G** Gordon Smith 00:54

Um, well, I suppose really, it's It started when I was about 21. And colleague in the hairdressing salon where I worked, her brother died tragically in a fire. And it was at the moment of his death, he somehow managed to appear in my bedroom, spiritually. So, I mean, as a young guy, I had never seen anything like this. As a child, I had experienced several mediumistic moments, which I wouldn't really have understood or knew how to frame them more. So at the age of 21, and it was the most remarkable experience because for a moment, he was real. In my room, like solid three dimensional or not glowy or see through or, and my heart started to really race that this bom, bom, bom, bom, bom. But there was something I wasn't actually afraid of, it was more. The setup was, I don't know, contained within something that was beating. I came to know look at that and see a whole different spin on it. But the thing was, were Brian just smiled

at me that was against him. And he just sank through the floor. And I just thought, Oh, my God, I had a crazy version at that moment inside my head, like a dream. It was three o'clock in the morning. So it was hard to know Was I dreaming of the whole thing was crazy. And I saw two police officers, male and female, coming towards my front door, and it's late part of the dream and excited with him. The door knocked really loudly. And I jumped out of bed, sitting on some toes and ran. And as I opened the door of the male and female police officer, we could see some keys. And this is Gordon Smith. And I said, Yeah, this has been an accident. And we've been asked by a Miss Christine Peebles to give you these keys to the salon. And as it is your key. But something inside me said, This already said she gave them the keys. And the whole thing with a brother Brian without in my head because all of a sudden, my thoughts are interesting. So when later that morning, I realised her brother had died. And that was the start of my journey as an adult in mediumship. And yeah, from there, Christine asked if I would take her to see a medium. And I had no idea how that worked. I've never been a medium. I don't know mediums are really where you would find one. And through the network of hairdressing that I was part of everybody knows everything in hairdressing you just make a call and then before we knew somebody gave me a church, and that was that I walked in the spiritualist church and I felt I'm home something just said your home was incredible feeling.

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Hannah Macintyre 03:25

That's amazing. And when you work with spirit now, do you ever get full apparitions like that? Was that a one off?

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Gordon Smith 03:33

No, it's not a one off, but it's one of the very, very few, I would have liked to have had more. But then on hindsight, know, when she learned to trust it, then a new form of understanding and language begins. You learn the language of spirit, which isn't them having a common error terms. They're teaching us to take her mind to a more cerebral level for them just to keep appealing, we learn nothing. So we have to advance mentally, emotionally, spiritually.

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Hannah Macintyre 04:04

Love it. And that's really interesting, because that was answering a question that some of my students were asking me last night and you've just come in and done it straight away. So I wanted to talk first of all, obviously, you've written a lot of books, but you've got a new book out where two worlds meet. So could you just introduce that to us all, please?

G

Gordon Smith 04:23

Yeah, we're two worlds meet I wrote specifically for children or people and deep Stages of Grief who don't understand. So essentially children because I worked with lots of families, where you would see the family and you'd have maybe a little child who was eight or 910. And they'd be looking at this medium guy, this man who's walked out of their home, repeating eyes of please help. And it was a something that said who talks to these kids? Yeah, in a way that is not religious or you're not leaving them to anything who gives them an understanding of life after

death or just have life and death, because a lot of people don't. And I can see that these kids were feeling the emotion of their parents who were shrugging off. Everything's fine your sisters in heaven. Heaven must be terrible. Because look what it's doing in my mom and dad, how can it be beautiful. So I put together where two worlds meet as a kind of aid to church, children's grief, a standard that more adults need to get the job. Because a lot of them get taken back to their own young life and think, Oh, my God, when my dad died, I felt that or when I lost so and so. So it has many, many messages. And because it's fiction, I was allowed to play in the world of fantasy and use animals, and the childlike mind of children. And basically, I created a new language called sense. And only children and animals could talk sense, human adults had lost her ability to understand saints. So the wee boy ends up becoming a part of nature in the natural world who teach them that actually life and death are part of the same thing. They're not opposites. And that this is your hard body, but you have a light body, and the light body lives on and the heart body has to go back to something in the earth, and basically taught him the whole kind of wheel of life and death and beyond. And that was something lovely that I taught my kids when they were growing up with a father as a medium. When they'd say, you know, Dad, do you really see people who are dead or healing. So I would tell them a little bit about what I called late land. And that's where the whole idea originated way back. And I thought I'll bring light land into this so that kids can see that, wow, all your light stuff, your dreams, your memories, your reflections, your hopes, and they don't die. That's the Labour Party. And that travels on so. So that was that was where two worlds meet. And it was a joy to do. It's a joy I listened to and talking but recently. And I was moved. So moved, I thought, What did I really write that? And I actually, yeah,

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Hannah Macintyre 07:08

and I'm not surprised that adults are listening to that, because I had a soul midwife on the podcast quite recently. And that's been very interesting for people because it really made me even me who, as you do communicates with both of us how much we don't talk about death, how much we hide from it, and it's not part of our conversation. So I'm not surprised that adults are reading that as well, just to help them open up to it in a really gentle way.

G

Gordon Smith 07:35

Well, I think also the behaviour of the parents in the book, which was a natural behaviour, if you lose a daughter or a child, and both one the mother was kinda angry at God and angry at life and angry at everything. So but you know, and her she had these traits where kids would talk to her. So she was fraught with anger, she would smile at him, but the kid could feel and he just want you to remove as mom's anger. Yeah, and with dad, his dad was just brokenhearted. But trying to be a man trying? No, no, all is and the boy would feel and he just wants to hold his dad. So you would, again, the description of how men and women suffer grief. Grief is grief blocked? With answers. Society men are seem to be the woman more kind of open to the heart and pain and moving through it. But I wanted to show that from a child's point of view. Yeah, so the sort of the, you know, when we do have a loss and those kids involved, how to treat them in a way that we are not giving them information that's going to be overwhelming for them as a child, but we're giving them enough information to see, you know, this is why I'm not the way I usually am right now. Yeah, because I'm feeling something. And I have not got what yet, but just know as this is not to do with you, this is me, and how I'm feeling. So there's a whole kind of evolution of emotions. Because the biggest part of the book I did I spoke to a lot of child grief

counsellors and things and said, What would you like included in the book? And they said, we'll talk about emotions, would you please educate children on emotions. So I created a stunning ring of stones. And I called them the mood stones. And every time the boy went there, he would feel different moods. And he took his parents there to, to let them see the stones. And, of course, when his mom touched this particular stone, he could see inside her heart, and it was just anger, rage. And when these dads didn't want it, you see tears. So the students stood at the boy could actually understand the changes and so he realised I'm taking them to the happy stone. Yeah, and they got giddy and they didn't know what to do and grief, we happiness, because I've made them feel guilty immediately. They were. So all of these things that I've studied, in the many years have worked as a medium and untrained and still trained. Grief is a big thing that a lot of mediums themselves don't even look at the look at the result of trying to help people grieving. But a lot of them don't have knowledge when they go into a situation, what type of grief are dealing with? Or what extent the grief is? And it's so important for me.

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Hannah Macintyre 10:18

Absolutely. And I remember having a reading with somebody once, and I brought through all the evidence. And she said, Well, yeah, that's all right. But that doesn't help me. He's still not here. And, and I was floored, because, you know, so there is that expectation for mediums that we're going to take it all away. And obviously, we can't, because it is the process that people have to go through. Fascinating. So I know when you started, I overheard you saying that you were made. What about responding to focus on healing? Yes, quite a long time. How do you feel that impacted your development?

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Gordon Smith 10:53

Well, I think it's important for people mediums, especially in development, to understand the process of healing because I realised I was healing myself, or my teacher was guiding me to heal myself at the time, because I was in my early 20s, I had two kids, and you know, life had been a bit messed up. So in order to be a medium, you have to unravel a lot of your own stuff. So when the healing classes, I would be healing people, but it would reflect on Oh, God, I remember that happening in my family, this, oh, my God. So then you would start to look at am I actually feeling their thing? Am I feeling mine, and you learn to also understand what we European and what was somebody else's. So the healing class was really good for recognising levels of heart, and others. So it's the same one that Timmy transferred and in my mediumship, that you could tell when somebody was having a message from the other side, and it was, Oh, I've got your grant here. And she tells me she died 12 years ago, and she the love their life, and you guys, you could feel that there's no heart there, there wasn't a need for healing in that message. But there'd be others where there was so raw and tender. And I realised that in the healing class, I was also developing sensitivity. And people need mediums need sensitivity. So in many ways, you need to be psychic to your point, to understand the people you're working with. That's the tool you bring to. And understand that the teacher who taught me, they talked about psychic mediums back then, because the medium themselves was a psychic medium ship was an extra faculty that you developed or a higher level. Yeah, so if you have used a radio station, I've often said you already come with em, that's, oh, my God, I can read this room, or the something happened here or that person sad. So that's your sensitivity or your psychic abilities, which you have inherent, I had him as a kid. And then the medium sharp, you were learning at FM, you're going at your wider frequency, and you're picking up on finer

energies, the spirit world, but you would you would relate to them in the same way instead of that lady's hurting. Oh, my God, the Spirit leading needs to talk to that lady who's and you would put them together. And then you would feel the healing quality. That Wow, when that and that comes through me and get that, then there's an absolute healing. And that's to me is what I've always done, we mediumship has looked for the healing, I don't look to be right or accurate. I just look to heal. So it's healing mediumship that I do more than anything.

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Hannah Macintyre 13:26

Incredible. And yet, you are incredibly accurate. And so do you feel that that accuracy is something that you have naturally? Are you quite a scientific minded person? Would you would you not be happy with the kind of woowoo non specifics? Or is it just, you know, how's that worked out for you?

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Gordon Smith 13:48

We're not like that. Actually, I will use that if you don't mind. Moving on specific? No, I think because of the mediums that I was watching, as I was developing, and there was a kind of big percentage who that was what mediumship was, was just, you had to be accurate. No medium, and when I started could ever throw something out to an audience that would never been held off to seeking somebody in the room that never would have harmed. You either had to sorry, I'm Mrs. McIntosh. And she tells me she died and dead at dinner. And you stay with that lady, you don't change her. Whereas some people do. And you can take that and you can and I often think what if 10 People have spoke to you and which better Are you dealing with here? And I don't understand that they can you know, in some when we buy in and Denmark once it gets better, it's a better show. And I said oh sorry. You cannot show. So immediately and as you said Okay, fair enough. That's the world changes to that then, you know, welcome I don't mind. But no for me, it was a sense you. This is your sensitivity again. You got drawn to the I need to speak to you. I would say to that I still do it today and raise you do That's where your trust comes in, you have no idea what's coming next. But you know, as, and there's nobody else in the room, just you and that person forget all the other hands, they don't exist to me. It's that person to have your father here, as men at the nod, and then something else comes out. And I'm not even trying to be anything at that point. I'm just staying in that link. Because the development I did Hannah was to set up the power. Let the spirit sit with me for the whole time, so that I could hold the space of mediumship for them to give messages, not me. I don't give messages. And I said, What I tell people when they say, you know, they get somebody saying no to them, and they go home, and they obsess over that word. To me. No, it's just a yes. They haven't realised. I do not. Because it's not about me. Yeah, it's better. And I take very little power and these demonstrations, I turn up, take my body there, and let the Spirit World do the rest. And it's not about being right or wrong, because I've already done that with spirit for years, showed them you know, my trust. And so I trust whatever they see comes through. So it's live, it's feel real, then I leave it with people, and then they come back. Oh my god. That's how you told me that. I didn't tell you anything. You're sundered? Oh, wow. So I'll say well, that that may be something nice to look at. Your son actually knows things from a different perspective. So yeah, I don't, I really don't compete with people who say, but don't you think mediumship should be, I think mediumship should help. As my simplest thing I'll ever see people, it should help. Quality of helping. So and

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Hannah Macintyre 16:37

I think from the point of view of being a sitter, it is a high pressured environment. It's a bit like, you know, trying to make your loved ones your specialist subjects, especially in an audience scenario, because everyone cranes their neck round, and your emotions arising. And so in that moment, you do sometimes say no to things because you panicked.

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Gordon Smith 16:58

Absolutely. And because, again, the medium isn't as delivering the message, to not creating the message one of the great people in my life was a, an old medium called Albert best to was a bit of an influence in my life. And Albert in his day job was a postman. And his name which all words mediums, back, then we all had a day job, you know, we had a life, we from mediumship. And that also was good, but Albert would deliver meals during the day and then deliver spirit messages at night. And he was he was the most accurate medium I've ever watched. He was incredible. But one of the times he said to me, son, remember this is we only deliver the messages. We don't write them, we don't create them. He said, just make sure you get them to the right letterbox. Not that that's true. Just get your information to the right person. And you know that you feel it trust what you feel. Too many people do I do the spiritual thing and you think, what do you mean by that? Because a spiritual thing is actually helping people. That's all it is. Yeah, my mother never believed in any garden. But she was one of my spiritual people. I know because she made some for the poor. She gave clothes and equally she she took people in when they had nothing. Now that to me is spiritual. Not saying I got the name Edwardian a message. I mean, that's just silly. Yeah, for sure. All that spiritual is nonsense. Real spiritual is when you genuinely care and have compassion about the work that you do. That's, that's really caring.

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Hannah Macintyre 18:27

I love it. Now, I know that you're very humble man. And I can already tell that Yeah, yeah. But would you be willing to share an example with the listeners about when you have done some epic accuracy?

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Gordon Smith 18:42

Oh, god, it's hard to know.

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Hannah Macintyre 18:44

I can give you an example. I would guess I bet you've got tonnes when I saw you in London 10 years ago, probably more possibly. You were talking you went direct to somebody in the audience and you were talking to them about a fox at their you describe their sliding doors. And I bet you don't even remember it. You know, so many messages. And honestly, it was like that lady had been struck by lightning. Her whole body responded to you saying Fox and I thought there you go. That is well,

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**Gordon Smith 19:18**

I mean, I suppose it's when it's something like last year I was over in Tokyo and I don't do so much demonstrations as I used to I used to do every night. So now I have long pauses in between which is good. And it also means that I keep my mind really strong for when I do it. I love doing it. So going over to Tokyo hadn't done a damn for quite a few months and COVID Before that, so it's only been on Zoom. So oh my god, and I don't get nervous a bit demonstrations. And I feel all of a sudden I feel the sense of trepidation. That takes me back. So we'll just find out. I just have to trust you. And my translator said Do you do anything before you Starting I said, not normally but no, I'm worried. So I'm really worried for a while. She said, You're joking, aren't you? And I said, Yes, I'm absolutely fine. Don't worry about it. When I get out there, I'll be fine. And as soon as I started, because ladies translate with me, so I thought, keep the brief short. I am a medium that did that. And the point until it Mom, can I speak to you this lady? Yeah. And a citizen, Mr. organ, our here is your husband. And she says, huh. And of course everybody went, people came from everywhere they were, they were really a mind body spirit deep. So everybody was leaving that eventually ended up with those two people. And of course, the message just came like that. And it was eight. I mean, even at the end of that, I think, when not evidential. And that was evidential. There was many Japanese names, STS tones, is dates, and dates, all that stuff. But the nicest thing that happened to me was I came offstage. A little small, I mean, I'm not tall as a guy, but this woman was shorter than me. And she came up and she kind of put her hands and pray in front of me and said, my boy died as he okay. And I'm slightly tall, and I put my hand over her handling this, and I was wearing Buddhist prayer beads that I'd been to see the wonderful Buddha's job the day before. And he empowered them, he did a blessing on them. So I felt really great. My beads have had for 20 years. And as I did that, the road from my hand on either ladies arm, and she's Oh, you're innocent? No, no. I said, No, the Europeans. And I see these have been powered by a beautiful llama. And I told her and she Oh, she says, I've been trying to get to see him since my birth. And well, there you are. Isn't that a beautiful gift? And I said, take that from your son, I can't give you a message, because I've just not tuned in anymore. But please accept that. And my transit said, she just said to me yesterday, that was the greatest thing. You could have got your beads? And I said, Well, I'll get another set of beads. And somebody else would do that. That will mean everything in that woman. I'm sure it did. She did. Right. And if people were to say, she couldn't believe it, though, she never got an actual verbal message. She felt that was the greatest message, you could have got something to hold. She said, to hold something that she feels son gave her was very precious. So it's incredible. Again, for me spirit work in so many ways. It's not all of it standing on a platform giving that that is a part of it. But the other part is just trusting your life, that you're in the right place at the right time with the right people who need what you can give them.

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**Hannah Macintyre 22:30**

That's an incredible story. Thank you. I'm really glad now. So you work with helping parents heal? Can you tell us about that and your work there?

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**Gordon Smith 22:41**

Yeah. There are a wonderful organisation with masses of people, I think several million people are members, or as the name would suggest, parents who have lost children. So as a medium, I

always like to be able to refer people to other organisations or places I truly believe in. Because sometimes your work as a medium can only take people to that part of the road. So it's nice to have somebody like your parents, who can take parents that you've worked with, and then bring them into their fold. And these are the most wonderful, kind, loving people full of compassion. And they've all been down that road. And so it's like that. And, yeah, there's just magical people. And they're a great extension of mediumship, I would say. And so I will do mediumship for them do zooms where I talk to the families, and I've gone out there and did live demo. I did that last year, which was utterly incredible. Because I was asked to give a talk, but when you seal it 900 families, not 900 people, 900 families, all lost kids. And I thought they don't want me to talk to them. Everybody's talked to them. And I don't want to talk to them either. I want to give them something. So if you can't work in a room when 900 families have lost children, as a medium, you're not a medium. So for me, there's no preparation, you just go out and talk. And some of them was beautiful things happen that do incredible things. It really was, you know, there was a lovely man who department message that says, I see your hand rubbing a little blonde boy, as it is this high in that event, see your hand. I said put your hands down, you're holding his hand. I said I'm him the Beatles song. I want to hold your hand. And they will oh and check. The guy couldn't speak. And I just carried on with a message. I said, you know, he's just showing me Abbey Road, something to do with the Beatles here. And later that night I was in the bar, looking at the other spirits and seeing how they were getting on. A lot of the follows from Hilton parents who came in to the bar. And when one mine happened to me, let me show you something and I said, you you aren't allowed to talk to me because a lot of the mediums were kind of you know, some mediums get a little bit precious but I don't I'm right there with the guys. And the filler said to me, you know Gordon said what you said today was incredible. Can I show you something? I said, Sure. And he pulled his sleeve up near the tattoo of Abbey Road, and how many son walking over. And he said, that was added to that account. And I said, there's so many people, I couldn't distinguish who I was speaking to. So he told me the whole story. And it was incredible. And I want to hold your hand was the song and let's say, and then the photograph the harmonies, Boyden beautiful. So things like that, you see the value of mediumship. And from when I was quite young, I worked in Italy, with Italian families who've lost children. So my whole story is a medium. A lot has been trying to help people come to terms with a stage of grief, I now realise I cannot take away grief. But I can give people tools to work with what they've got. And as a medium, that's as much of a role I see myself in. Now if somebody feels that message, change the life. That's incredible. But I'm set to heal. I try to let people leave me feeling better than when they came. Yeah. I don't reach for the stars on that one. I just let nature take its course.

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Hannah Macintyre 26:06

Providing a bit of hope. Yes. Yeah. Where are we? Yeah, very dark time. So if I may pick your brain now? What advice would you give people who write who are right at the beginning of their journey and just starting to explore their connection?

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Gordon Smith 26:24

I think the first thing I would say is why do you want to be a medium? Ask yourself that question. That's a big important question. Because a lot of people arrived at these these for very different reasons, I feel Yes. But ask yourself the question why? Why me? And why do I want to do this because you commit yourself to something as simple as a long journey of your, your true medium. That's for life. It's not, you know, for Christmas. Just so you ask yourself that



question for us and think, am I truly dedicated to doing this? And you need to do you need the real elements of mediumship and one as dedication and devotion, not that kind of quality has to be there. You also need to develop compassion. You also need to understand yourself, there's all these qualities that you have to examine. Am I well enough to do this? A lot of people come because they're very broken. And you think can you truly sit down with other people are you just gonna cry, you're gonna get caught up and be so sympathetic in there are do that. So you got to be an emotional lifeguard. And that takes training. And for me, it was seven years in my first development circle, to train how to cope with my own emotional state. Yeah, because you can pull people over the emotional seas, if you end up and it wet them. So for me, I can stand at the side be unemotional, and help pull people out of an emotional turbulence or whatever. So you need to look at that, because you're cutting a lot of people's heavy stuff. So you need to be psychologically robust. So you need mental training, there's a whole lot goes on. And if a medium isn't, Canada doesn't have everything in their toolbox. To prepare for all of that, then they might think two years down the road, they're exhausted, they have exhausted their compassion, they have exhausted their resilience, they've exhausted the trust and belief and spirit. And that's when you start to hear wide spirit, let me down and he thinks, but it never let you know. So much like anything, Hannah. If you were going to run a marathon, you don't just go and run a minus and you take a long time to train your body to cope with it. And that's the same. So for me, it was all mind gymnastics, mind yoga, mind exercises, to train, so that in my mind became psychologically robust. That is a big important part of being a medium. Don't rush into it, get yourself first. If you cannot understand self, you'll never understand an unseen spirit world, you'll never understand that. So

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Hannah Macintyre 28:49

absolutely. And we want the thing is a lot of people I think, come to mediumship to escape themselves. And it is you want to be out floating in the ether. And I'm like, no, no, no, this is all about being here with you. And I completely Yeah, completely.

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Gordon Smith 29:03

One of the things I enjoyed doing, I was asked, which I thought was ridiculous Spartan can't remember me 2002 or something. I was in London, and somebody said, would you come and speak to an acting class? And I said, Are you kidding me an acting class? Why? And they said, because you do trance mediumship you check on the identity of another spirit being Could you talk to actors a bit what that feels like, that's okay, this will be interesting. And I did, I enjoyed it. They asked me to come back and do it again. And I was saying then when you work as an actor, and you become a person, if it's a series, I mean, there were proper actors, not kids learning a lot of them you see in your soaps and a lot more appealing on the west end stages doing Shakespeare and things and, and they genuinely wanted this. And they said, how do you let go of the character? And this was really interesting. And I said, Well, here's the first thing. You are you the character is only a character. I said so for me. The spirit is one momentary thing, it's a momentary appearance. I said. And the same would be if you were being hammer, you know you are and then you need to learn how to be or not to be cheesy, that's really going on. Probably used, but the idea was showing people when it disengage. And that was a big lesson, I said, it's one thing you take on a spirit message and deliver it, but to then become obsessed with it yourself. Once again, the mental training comes in when that's enough, and you go back to being used really, really strong mind. All of this should be done before people

are allowed to actually work with the public. Agreed, I was seven years in training with my first teacher. And at the end, she said, the moment you walked in the doors of my church, you were a medium. She said, what I worked on was the person. She said that if you were in a medical school, she said, we wouldn't give you a scalpel on the first week, she says, but what you could do to people's emotions with bad words, and the wrong phraseology, and even the lack of compassion or empathy, you could destroy your mind. And I thought, wow. And she said, that's why it took seven years, so that you were responsible enough, and that the appropriate thing when giving a spirit message, because, again, it's important that mediums know what they're doing. Really important, rather than I'm not sure what's happening here. That's never a good thing. Either. Immediacy.

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Hannah Macintyre 31:33

Yeah, no, no, no, I

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Gordon Smith 31:34

have seen it when I was younger. But you know what? I'm not clear that no, no, stop, you need to train yourself so that you're in control of a reading, you're in control of a platform. You don't let people take that away. You You are the force that you've trained to be. And therefore you're confident in everything you do. And that's when you're ready for the platform. When, when it seems like yeah, I can do this.

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Hannah Macintyre 31:57

I love that. And I saw on one of your blogs, on your website, you wrote that you you teach with kindness. Why do you think teaching with kindness is so important?

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Gordon Smith 32:06

Well, I don't think you have to show to people. First of all, I think I thank you that we sped it teach and taught me because most of my teaching I got was from spirit and that So Mrs. Primrose allowed us to do set with spirit and let them show you the lessons. Let them teach you. So spirit are compassionate and wise. And for me, if somebody gets something, unless they did something horrible to another person, I would stop that immediately. Because that's kindness, stopping somebody from hurting someone is kindness. So remember, kindness is a double edged sword here, sometimes kindness to say, no, stop that, or that's wrong. But the way you treat them after it is not to make them feel bad. Let me show you why you did that. Let me maybe point at something. So when that's what I mean, by kindness, a good teacher should never have to raise their voice there anybody in any situation a good teacher, watches I watch all my students when they're doing the early platform work. And I don't tell them anything other than the ping tour, I let them go on. I let them finish the message. I don't stop the med message. Unless it's damaging to the person then I would. But I let them watch their process. Because I want to see what they're doing. And I don't want them to be copying me or copying other mediums. I want them to be a version of themselves the best version. And some may do something a lot. That seems a bit annoying to a lot of the people. And I think we can

ask you. Are you aware that you're trying your hands a bit in front your face when you're talking? And they will? Because I do. And they'll generally do that? No, I'm not telling you to stop. But what I'm telling you is it's distracting a lot of things that are public demonstration. And I said I'm only telling you be aware of that. So I submit your information was excellent. So I'm not going to say no to that. And I think it's nice to have good conversation with people. Yeah. And explain to them if something's right, what's right or wrong, that helps people it's right. Yeah, that doesn't help people then find out why you're not helping people. So but again, you don't need to destroy people. I think the whole idea is being generous to them, and also having the answers that they need. Well, if I'm doing that wrong, can you show me how to do it, right? Sure. You have to have something to replace it. You can't take away somebody's crutch unless you're going to put something there. And it's plates. Yeah. And again, that's fair teaching, you know, but you don't need to be horrible to people.

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Hannah Macintyre 34:26

No, Agreed. Agreed. And I also saw that you encourage your students to experience altered states and now you were just talking about trance Why do you think that's so important?

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Gordon Smith 34:37

Well, for me, that was probably the thing that helped me overcome a lot of my fears. When I was young fears of death because there's a medium you don't just inherit a fear a lack of fear of death or dying. You have to work to even mediums of that your people. The more you work and the more you know you see things I was way I was developed with certain the power and Trying to let the Spirit come close to me. So to do that properly, you have to alter your state. So you go into this what I call thin place between two worlds, the same place you would go to when you were waking up from sleep. And dreams affect your mind at that point or something. So you learn to do that while you're in a waking state. So that when you when you do a reading for somebody, I very often words are coming out of my mouth, but I'm still very, you know, coherent. But at the same time, I've let go. It's almost like self hypnosis, in a sense over the margin. Yeah, that's just flowing from you, and you're happy with the floor. And when that happens, it's because I've trained to go into that. Now I vote to train people to understand things about that, because out of body experiences as part of that, and letting people truly understand what can and can't happen with the stuff because some of them come with crazy ideas. But if I close my eyes, and you don't go too deep, what will happen? Why did you want to go you fall asleep? Yes, the worst thing that can happen is your foot asleep. Because the ideas you take, and in that meditation that are sometimes a little bit off the track. And again, I anybody who comes with, you know, their own version of incredible things that will happen when they close their eyes. And I will ask them, and again, we can let's see, can you explain me why as you see unicorns and you go off to this wonderful fairy land? Why do you think that is, and I will talk, I will never read it to people. And I'll say, okay, because one thing I did study, which not for every group, definitely for me, was Carl Jung, I want you to understand symbology, because the main throws up symbols a lot. And then I'll talk to people. So could it be a symbolic type of mediumship you're working with? So tell me what a unicorn means to you? And what does it mean to be in this other world? Just tell me what that's like, Central, you're very safe there. And before you knew it, you're unravelling their psychology, not that I'm not a psychologist, but I'm letting them see Oh, my God. When I was young, I was scared of that. And I used to look myself and in a thing, and so you would find as part of their spiritual

development, their fantasy was actually a child who can't really you can read it? Yeah. So everything is symbolic. If it's not understood in this form of reality. And once again, study in psychiatry doesn't really harm a medium to understand mental states and emotional states and fantasies and stuff like that. Yeah.

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Hannah Macintyre 37:30

I find fascinating. And you've got a book called Animal Magic, you have connection to animals. Was that something that happened naturally in your communications with spirit? Or was it something you consciously decided to develop?

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Gordon Smith 37:45

Um, no, that just been part of my life. And I don't know when it started. I don't remember the actual message when it started. But yeah, I have so many messages. I mean, I think one was a lady who, when she came along for the reading, and she was from Spain, I think I started to talk to her but your grandmother here did not even Yeah, got all that. Right. And it was that this lady is not looking for that. Yeah, I can't spell what you need. And then this beautiful bag Doberman came through and its name, whatever. And then right after that I was reading for a Swiss man. And as soon as they don't have that Doberman opened the floodgates, but the next one is guy, Kim. And his dog was called pongo. And I said, it's a Dalmatian. And it was killed on a railway track as a man just do us a bit. You know what, you've had a headstone made for the dog, it's in your garden. And he showed me a photograph of it. He did. And he's like, it's my dog. Really? him. I said, the spirit of your dog is here the consciousness? Yes. And he said, But why is it you loved it loved you there was a bond. That's all you need, that bond is created that won't die. So that kind of began and then our God African animal has come through. It's been ridiculous. And I don't only give messages from animals, some people think I'm Dr. doula, the mediumship world, I'm really not. And I don't talk to animals, I sense them. And it's that language of scents. I mentioned that with a little boy in the animals, you feel as a sensitive where the animal needs, or I was trying to convey something. And that's how mediumship works as well. If I'm working with people in Japan, and I don't know the language, I still have to convey the feeling. Yeah. And that's where being in the old slight altered state and overshadowing, I would call it, yeah, that overshadow allows the character to come really through you. And you can animate the spirit allow them a moment in this realm, just a moment, and that's enough to be recognised.

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Hannah Macintyre 39:47

And I asked that purely for selfish reasons, because I've always been a human communicator and then recently in the way as soon as you get comfy, all of a sudden the dogs come in and I'm like, Who are you with and the dogs like no one

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Gordon Smith 40:00

I'm little when I wrote that book, Hannah, we, I was co writing it with a lady I was on the road all the time. And my publisher said, Look, if we bring a go straight, go straight to come in. And we mean her work together. And she put a thing on the internet seeing if anybody has an animal

mean her work together. And she put a thing on the internet, seeing if anybody has an animal stories you'd like to share? Well, we just shut it down. I mean, it was so many 1000s of things that came in. And we wanted to show the consciousness of animals and also to have a keen understanding of how people have been treating animals, you know, gives us a heck of a lot of cruelty. And you think cruelty doesn't shouldn't exist in any realm. In this day and age, we've evolved, but it does. So there was a lot of awareness of an animal wellness centre as well. But yeah, I think it develops with you. And I mean, it's not something I would be called an animal communicator. I'm not, I'm a medium. And if that means your loved one is, you know, a poodle. It doesn't matter. Whether your loved ones your you know, I think one of my funny German stories was in Frankfurt sent the woman I've got your husband, his name's Karl, or actual, it's Karl Heinz. He lives in Berlin and Bahnhofstrasse her. She says, yeah. Oh, God, I thought, Well, honey, I don't get much better than that's as good as again, I've got the man I've got his name, his address all the things. And then eventually, so come on, give me something. And I said, he has a terrier dog with him. My hood, my own crazy, I thought your hands was by I love to tell that story in Germany, because a lot of the people when you're doing a dam, don't understand how it works. So I use that sometimes it's a real story. And I use it to make people see that. Come on, I need you to talk back to me, I need you to be involved with your loved ones are trying to communicate. But it's a great thing to show that this woman had more of a bond with the terrier than with her husband.

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Hannah Macintyre 41:52

That is hilarious. And that I mean, that's so true for so many religions. So I'm not surprised. So do you believe that your journey with spirit has been predestined, or one that you have created through your passion for it?

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Gordon Smith 42:12

I think a bit of both, I think it's part of your destiny, or a potential part of your destiny. And you can either find it or you can walk past it. And for me, I had several opportunities, I had several things happen in my life. And then the one that I mentioned earlier was Brian, when he appeared, that kind of then said, Okay, follow up. Because through my young life, I had many different occasions of some paranormal, some media mistakes, I'm psychic. So at lots of things, see a ship seeing things in the future. So there was flags there. But I'm a great believer that you can start on a different corner, you can see know, your destiny, I think your destiny is, um, any kind of forward path, that when you come to that point of personal choice, that's the point that we are involved in. So you have the potential to be I mean, I was a hairdresser at that time. I had so many options, because I love doing lots of things I love cooking. I was I started being a cook for a while. So many, many options of careers, to travel and all the things and then I follow that. Yeah, I was a sports coach. I was a champion gymnasts, there was all sorts of things. So I think I just like doing what I do any whatever it is, yeah. For me all these options with a sane person and you get flagged up with something and you follow a flicker, something happens and you follow it, and then you're on that timeline. Now that time lane will run into the next personal choice, stay back at the crossroads again. So I think we have a time to be born, and many potential times to pass to leave the world. And really a lot of us don't either. The different choices we make at pivotal moments in our life. Yeah, you know, when it's an important, you know, the best choice, uh, you know them, everybody knows them, you know? And it's because we don't know what to truly do with them. These are the moments where

nobody can help you. Don't ask Spirit for guidance on those ones because they want they'll be there and whatever route you take, but you haven't you sometimes you're the one that has to make the next step on the journey. And that's okay. You'll get good at that.

H

Hannah Macintyre 44:24

Yeah, I love it. I love it. Now you've also got live events and you're running groups as well and teaching online as well, aren't you? So you've got your happy medium events with James Van Praagh. Amazing. And you've got teaching coming up, I believe, although it's sold out really quickly, isn't it when?

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Gordon Smith 44:41

Yeah, the online ones? Well, the Zoom ones and things we do they're sort of less than an hour normally. weightless and weightless, weightless. But yeah, so if anybody's interested, just watch the website for that because we are introducing new things. One of the things I love Hannah's that I'm still learning as a medium I tell everybody that I'm still growing I learn new things I go walks in the morning six o'clock in the morning with my dogs in the countryside and I really feel things from spirit and that's when I get my beautiful moment with spirit that's my two worlds meeting and I just get annoying for a moment not I'm not some great clever sage I'm not a moment where I think oh wow, let's add this Oh, I never thought telling people there so here's a new way to deliver that how it'd be a clairvoyant so new additions come because I'm open to it. I'm not rigid. Yeah, and I think I think as long as you are flexible and open, you keep learning and that's one things I love about it. So it lots events and there's online courses I work with a big company in Switzerland called Unity and unity run a lot of online courses and mines as I've got several there. In fact, James and I are gonna film one. How to Improve Your mediumship Yeah. Oh, nice together. That'll be fun. Yeah,

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Hannah Macintyre 45:56

that will be fun. Amazing. Well, thank you so much for taking the time to talk to us today. It's been absolutely I knew it would be great. And I love I love you're down to earth just this is how it works. Let's do this

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Gordon Smith 46:10

approach of another gear Hannah.

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Hannah Macintyre 46:14

Well, it's great and I will obviously put a link to your website in the show notes your listeners can check you out. Thank you again

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Gordon Smith 46:21



GORDON SMITH 40.21

on a Eurostar Thank you. God bless you