



Mediumship Matters Podcast Transcripts

Season 3 Episode 3 - Interview with Medium Amy Fleckney

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, I am absolutely thrilled to introduce you to Amy Fleckne—a fantastic international psychic medium, unconscious mind therapist, and spiritual teacher.

Amy’s journey into mediumship is fascinating, full of twists, turns, and incredible moments of spirit intervention. From childhood experiences to professional platform demonstrations, she shares her story, insights, and wisdom on spiritual development and evidential mediumship.

Amy’s Early Spiritual Awakening

Amy first discovered her mediumship abilities at just eight years old when she had full conversations with her great aunt—who had lost the ability to speak due to illness. It wasn’t until later that her family realized she had been communicating with her spirit rather than her physical body.

Her connection to spirit was recognized early, and her aunt, a practicing medium, helped guide her by introducing her to protection techniques, spiritualist churches, and the foundations of mediumship.

◆ Key takeaway: Amy never saw mediumship as a “gift”—it was simply who she was.

The Path to Becoming a Professional Medium

Although Amy had always been spiritually aware, she originally pursued a career in beauty therapy. However, spirit had other plans!

One day, a psychic friend, overwhelmed with readings, asked Amy to step in and help. With no formal training at the time, Amy took a leap of faith—and discovered she could do it!

💡 “I was terrified, but when I did my first readings, the feedback was amazing. It was a ‘holy shit’ moment—I can actually do this!”

Her journey accelerated from there, including: ✓ Joining a Facebook proofreader group to practice her skills. ✓ Attending development circles to refine her abilities. ✓ Growing her online following to over 50,000 people worldwide.

And the rest is history!

Transitioning to Platform Mediumship

Amy thrives in audience demonstrations, just like me! Her first platform opportunity came when a therapist she knew invited her to demonstrate at a live hypnosis show.

🎨 Despite the nerves, she absolutely loved it.

💡 “It was like spirit had been waiting for me to step up. I shocked myself with how well it went!”

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◆ Platform mediumship brings a high-energy, exciting atmosphere, where spirit can really show off their personalities. ◆ The challenge? Reading the audience's energy—sometimes they need warming up!

Amy's Approach to Mediumship

Amy brings a real, down-to-earth energy to her work, blending deep emotional moments with humor and authenticity.

✍️ “If you don't want to keep it real, you're probably watching the wrong medium!”

She believes in keeping messages uplifting, relatable, and celebratory—letting spirit come through as they truly were in life.

💡 “I've had flirty dads, swearing grandads, and cheeky spirits come through—it's their chance to reconnect and bring joy!”

Handling the Challenges of Mediumship

Not every reading is easy! Amy and I both agree that:

◆ Some sitters expect a specific phrase or word before they accept the connection. ◆ Others receive incredible validation but still hesitate (seriously, what more do they want?! 😊). ◆

Mediumship is not like TV—it's raw, real, and unpredictable.

💡 “We give names, descriptions, memories—sometimes they still say ‘meh’! And then you tell them something small like ‘he fell off a deckchair’ and suddenly they're in floods of tears!”

Amy's Book – Coming February 2025!

Amy's upcoming book shares her personal journey, from childhood mediumship to overcoming adversity and building a successful spiritual business.

📖 It covers: ✓ Her early experiences with spirit. ✓ Leaving an abusive relationship and rebuilding her life. ✓ How she overcame fears, doubt, and financial struggles. ✓ Her most memorable readings and encounters with spirit.

💡 “I want people to know that when life feels impossible, you can still rise. You can create something amazing.”

🌟 Releasing on Amazon in February! 🌟

Live Demonstrations & Spiritual Centre

Amy now runs her own spiritual centre in Takeley, Essex—a space for development, readings, and healing.

🌟 Upcoming Events: 🧘 Live Mediumship Demonstration – Harlow, Essex (January 28 & 29, 2025)

🧘 Readings Available Online & In-Person 📍 Visit: www.amyflecknemediumship.co.uk

Advice for Developing Mediums

Amy's top tips for anyone developing their mediumship:

1 Trust what you receive. Even if it doesn't make sense right away, spirit knows what they're doing! **2** Don't panic if a sitter says 'no'. They might connect the dots later. **3** Stay in your own lane. Your mediumship is unique—don't copy anyone else. **4** Never stop learning. Even the best mediums continue to develop.

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💡 “Some people think once you’re connected to spirit, life is easy—but we’re here to learn, grow, and navigate challenges, just like everyone else!”

Daily Spiritual Practice?

Like me, Amy is not someone who meditates religiously.

😓 “I wing the hell out of it!”

However, she practices gratitude daily and visualizes her goals while juggling her busy life as a medium, mum, and business owner.

Final Thoughts—Trust Your Path!

💡 “I want everyone to live a life they love. Even when things feel impossible, trust that spirit has your back.”

Thank you so much to Amy for this amazing conversation!

✉️ Want to connect? Visit: www.amyflecknemediumship.co.uk

As always—have a bloody marvellous day!