



Mediumship Matters Podcast Transcripts

Season 2 Episode 33

Ouch Part 2!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, I'm following up on my last episode (Ouch) because, as always, so much has changed. This journey isn't linear—it's full of twists, turns, and the occasional faceplant. And today, I want to be real about that.

The Reality of the Spiritual Journey

When I started working with spirit, I believed that once I reached a certain level of connection, things would magically smooth out—no more bumps in the road. But nope, that's not how it works. The spiritual path is ever-evolving, and the challenges never stop.

What's funny is that after my Ouch podcast, I received loads of messages from people who didn't even listen to it—but instead, they messaged to say what an incredible night they'd had at my demonstration. I had convinced myself that everyone felt my discomfort, but apparently, they didn't! In fact, it was one of my best nights for audience feedback.

So, what does that mean? It means the problem wasn't external—it was within me.

Processing the Experience & Reframing the Narrative

Amanda, my lovely friend, pointed something out: What if the whole purpose of that uncomfortable experience was to make me re-evaluate what I actually want? And you know what? She's right.

I've realized I've been following a path I assumed I had to take rather than creating the one I truly want. And that's the big shift happening right now—I'm choosing intimate, deeply connected events over large-scale demonstrations.

Yes, standing in front of a huge audience looks exciting. It even fulfills my Britney fantasy (if only briefly). But for me, mediumship isn't about grandeur—it's about connection. When people feel safe and open, that's when the true magic of spirit unfolds.

So here's the new plan:

- Smaller venues.
- More intimate nights.
- Deep, meaningful connections.

And most importantly—trusting that I can create what I want without following someone else's blueprint.

The Importance of Validating Evidence in Mediumship

One thing I've been thinking about a lot is how we present evidence. It's not just about delivering a message—it's about explaining why the evidence matters.

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For example, in a recent one-on-one reading, I kept getting “roses and ashes.” I knew the sitter’s mother had been cremated, but this specific combination of imagery felt important. The sitter, at the time, didn’t understand.

Later, she emailed me: The container holding her mother’s ashes had a rose engraved on it. She hadn’t even thought about that in the moment.

That’s the kind of deep, evidential connection that proves spirit communication. And this is why I want to create events where people can share how the evidence resonates—so the whole audience gets to experience the magic of validation.

Trusting the Process & Letting Go

I know what I want now. My job isn’t to force the “how”—it’s to trust that spirit will guide the way. Which, let’s be real, is not my strong suit. I like control. I like knowing the plan. But I’m working on surrendering.

Interestingly, after that “difficult” night, I received a flood of unsolicited positive messages from attendees. Some of them didn’t even get a message, yet they still loved the experience. And that tells me everything I need to know.

If the audience was happy, and spirit was working, then the only problem was my own perception.

A Lesson in Alignment

A lovely listener, Karen, emailed me with something that really resonated. She reminded me of a teaching from Abraham Hicks: You won’t attract everyone—only those who are a vibrational match for you.

And that was my lightbulb moment. I don’t need to appeal to everyone. I don’t need to convert skeptics or prove myself. I need to work with the people who truly value and connect with what I offer.

So here’s my commitment to myself:

- No more trying to please everyone.
- No more forcing things that don’t feel aligned.
- No more questioning whether I’m “doing it right.”

I’d rather have ten deeply connected souls in a room than a hundred people who don’t truly value the experience.

Final Thoughts & Moving Forward

I know I’ve been a bit dramatic about this process (let’s be honest, it’s who I am). But I also know that every challenge is an opportunity for growth.

If you’re going through a similar period of doubt—trust that something better is unfolding. Spirit will always nudge (or, in my case, shove) you toward the path that truly aligns with you.

Thanks for all your messages, love, and support. And if you’re wondering—yes, I’m okay. No need for vague “What happened? PM me, babe” Facebook statuses. Just me, figuring things out as I go. And now, I’m off to let spirit guide the next step.

Until next time! 🌟