



Mediumship Matters Podcast Transcripts

Season 3 Episode 95 - Listener Spirit Stories

Spirit Stories, Glastonbury & Spiritual Resistance

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? This episode is a long-overdue Spirit Story Special, but I have to be honest—it didn't quite pan out the way I expected! I initially had over 15 people interested in sharing their experiences, but as the moment arrived, most of them backed out. And I think this really highlights something important: spiritual resistance and the lingering fear of stepping out of the "spiritual closet." I do believe there are more believers in spirit than ever before, but many still fear judgment. And honestly, after my recent trip to Glastonbury, I can see why people might hesitate to align themselves with certain expressions of spirituality.

Glastonbury & The Performance of Spirituality

As you may know, I recently visited Chalice Well—a place I've always wanted to see. And while it's undeniably beautiful, I had a rather eye-opening experience.

Picture this: There's a couple sitting by the lion's mouth fountain, completely hogging the space, eyes closed, chanting, and filling the water with their own personal collection of crystals. Fine, I thought. They're doing their thing. But after wandering the grounds, half an hour later, they were still there, completely unaware of the queue forming behind them.

Then, just when I thought I'd seen it all, another gentleman arrived—brandishing a feather, standing on one leg, waving it around in an overly theatrical manner. And suddenly, I had a realization: This is what people think of when they hear the word "spiritual." No wonder so many of us hesitate to openly share our beliefs!

Now, don't get me wrong—I fully support rituals, ceremony, and honoring Spirit in whatever way resonates with you. But there's a fine line between authentic spiritual practice and performative spirituality. Spirituality isn't about showing off—it's about connection. You don't need to chant loudly in the middle of a sacred site, or strip naked and jump into a public water source (yes, that happened), to have a profound spiritual experience.

And that brings me back to why so many people backed out of sharing their stories. They don't want to be lumped in with the extreme woo-woo. And honestly? I get it.

Spirit Story: Laura's Unforgettable Night Shift

Our first story today comes from Laura, who worked as a night-shift care assistant. She wasn't particularly interested in spirituality at the time, but one experience completely shifted her perspective.

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One night, at 3 a.m., Laura and her colleague were doing their routine checks on residents when they suddenly heard loud music playing—on a vinyl record. At first, the soft, scratchy sound of the record starting was almost comforting. A slow, romantic dance song filled the air, and she even found herself swaying to the music.

But then her colleague snapped her out of it—Laura, it's 3 a.m. Who the hell is playing music? Realization dawned. This wasn't normal. No residents had access to a record player, and the sound was coming from a vacant room that had recently been emptied for redecoration.

Panicked, they rushed to the door—but it was locked.

Calling in the nurse, who had the master key, they stood outside, listening to the music still playing. But as soon as the door swung open, the music faded into silence. The only sound in the room was the low hum of a modern radio, barely audible, playing Kiss FM.

The nurse shook her head and simply said, Don't tell anyone about this. No one will believe you. But Laura has never forgotten that night. And neither have we! What an incredible story—thank you, Laura, for sharing!

Brooke's Spiritual Awakening & Messages from Beyond

Next, we have an incredible story from Brooke, who kindly recorded her experience. Brooke's journey into spirituality started early, but she suppressed it for over a decade after her partner convinced her it was all just imagination. But when he fell critically ill, spirit made sure she couldn't ignore them any longer.

A Series of Apparitions

During a time of immense stress, Brooke started waking up to full-bodied spirit apparitions.

- The first was a peaceful elderly woman, hooked up to a hospital bed, smiling at her with an overwhelming sense of comfort and love.
- The second was terrifying—a shadowy man who crawled out of her dark closet and lunged toward her.
- The third was completely different—an ancient golden statue-like being that filled her with mystery rather than fear.

Not knowing what to make of it, she turned to Google, which led her to Mediumship Matters. (Love that!)

But spirit didn't stop there.

The Heart Symbol & A Profound Warning

One day, her small chihuahua mix dog unexpectedly caught a bird—a golden finch. What shocked Brooke the most wasn't the act itself, but the fact that the bird was perfectly intact, except for a precise incision on its chest—its heart removed and placed beside it.

At the time, she was horrified but didn't understand the significance. Months later, she realized—this was spirit's way of foreshadowing her husband's upcoming heart transplant.

Spirit was guiding her, preparing her for what was to come.

A Visitation & The Final Goodbye

The night before her husband's transplant, Brooke had a clear spirit message—a booming voice told her, You have four weeks left with Jamie. She dismissed it, believing it was just her mind playing tricks on her.

But exactly four weeks later, her husband was called in for his transplant.

- While he was in surgery, Brooke experienced an unshakable knowing—an understanding that this was his time, that spirit was guiding everything. And in the early hours of the morning, she physically felt him holding her hand from the other side.

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The next day, doctors told her that he had briefly died on the operating table before being placed on life support.

And the night before they turned off his life support, Jamie came to her in a clear, vivid dream visitation—showing her what it felt like to be in his body, with the tubes, the machines, and his desire to let go.

This incredible experience gave Brooke the peace and clarity she needed to say goodbye.

Thank you, Brooke, for your honesty, vulnerability, and for sharing your incredible journey with us.

Final Thoughts & Your Stories

- Spirit is always guiding us—we just need to notice the signs.
- Not all spiritual experiences are dramatic. Sometimes, the most powerful messages come in the quiet.
- If you have a spirit story, I want to hear it!

Send me a WhatsApp voice note (link in the show notes) or email me at podcast@hannahmedium.co.uk.

Thank you for listening, and I'll see you in the next episode!

—Hannah