



# Mediumship Matters Podcast Transcripts

## Season 6 Episode 24 - Mistakes

### Making Mistakes, Handling Setbacks & Ethical Mediumship

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, I want to share a real, raw, and vulnerable experience from my recent demonstration in Faversham—a night that didn't go quite as planned. I made a big mistake, and while it's hard to talk about, I think it's important. Because we all mess up, and if I can help others by sharing my journey, then it's worth it.

Let's get into it.

### The Faversham Demonstration: When Everything Goes Wrong

I was excited for this demonstration. Faversham is usually a fantastic crowd, and I was even recording the evening for the first time.

But from the moment I arrived? Things felt off.

- ◆ The venue had squeezed in too many chairs, making it uncomfortable for the audience.
- ◆ My emailed stage requirements (table, microphone, etc.) hadn't been arranged.
- ◆ The staff were cold and unhelpful, making us feel like we weren't welcome.

And then? A migraine started creeping in.

### The Subtle Disaster of a Migraine

If you've ever had migraines, you'll understand:

- They don't always come with a clear signal.
- Mine makes me feel disconnected, low, and emotionally overwhelmed.
- I thought I was just feeling nervous—but in reality, my body was shutting down.

The audience arrived way too early (thanks to the venue letting them in despite clear instructions), and suddenly, I had to be “on” half an hour earlier than planned.

By the time I stepped onto the stage? I was already drained.

### The Big Mistake: When Mediumship Goes Wrong

The first half of the night was evidential mediumship, and in hindsight, it actually went pretty well. But at the time, I couldn't feel it. I was too in my own head to read the audience's energy properly.

Then came the second half—a spirit guide reading segment where the audience submits questions in a hat.

This is where I messed up.

- 💡 A funny question got pulled, and the audience laughed. I fed off that energy, leaning into the lighthearted tone.

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💡 The next question was about a relationship dilemma, and again, the answer came through with a playful, jokey energy.

💡 But then—the mistake.

A question was submitted asking about whether a beloved pet should be put to sleep.

And I didn't realise what the question was truly asking.

I stayed in the joking tone of the previous question, not recognising the deep grief and pain behind this one. I made a joke when someone needed comfort.

I didn't clock it at the time. I finished the evening, went home, and as I lay in bed rehashing every detail (as we do!)—

💡 It hit me like a ton of bricks.

I had completely misread the moment.

I had failed that person when they needed spirit's love.

I was devastated.

## The Emotional Fallout & Owning My Mistake

I cried myself to sleep.

I spiraled into shame, guilt, and self-doubt:

- “How could I be so careless?”
- “Am I even cut out for this work?”
- “Have I let spirit down?”

My therapist has a rule: I'm not allowed to respond to messages or make decisions when I'm emotionally heightened. So I sat with it for 24 hours before taking action.

Then, I reached out to everyone who attended with an apology:

✉ I explained the mistake.

✉ I acknowledged the person's pain.

✉ I assured them that spirit's message was never meant to be taken that way.

And the response? Heartbreakingly kind.

The person whose question I misread wrote back with such grace, reassuring me it was okay. But I still felt deeply disappointed in myself.

## Lessons from the Hardest Nights

### 1 Always Check In With Yourself Before You Work

If I'd realised it was a migraine, I could have taken my medication before the second half and likely been more present.

### 2 Ego Creeps In When We're Not Grounded

I let the energy of laughter carry me, rather than staying centred in spirit's intention.

### 3 Making Mistakes Doesn't Define You—How You Handle Them Does

We all mess up. What matters is owning it, learning from it, and making it right.

### 4 Spirit Always Holds Us, Even When We Fall

This work is sacred. And that's why we care so deeply when we get it wrong. But spirit doesn't expect perfection—just honesty and heart.

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## Final Thoughts: The Humanity in Mediumship

If you ever make a mistake in your spiritual work, please know you're not alone.

- ✓ Be honest. Acknowledge what happened.
- ✓ Apologise where needed. People appreciate sincerity.
- ✓ Be kind to yourself. You're human, not a spiritual robot.
- ✓ Keep going. Mistakes don't mean you should quit. They mean you're growing.

This job is hard. It's vulnerable. It carries so much responsibility. But that's why it matters. And that's why we show up, even when it's tough.

Let me know—have you ever had a humbling moment in your mediumship journey? I'd love to hear your stories.

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Mediumship mistakes, ethical mediumship, apologising in spiritual work, handling spiritual setbacks, mediumship self-doubt, learning from failures, evidential mediumship challenges, grounding before readings, audience energy in mediumship, spirit guide readings gone wrong.