



Mediumship Matters Podcast Transcripts

Season 2 Episode 34

Mediumship Matters Episode 2

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, we're diving into some deep and thought-provoking topics about soul evolution, past lives, karma, and why we're really here. Plus, we've got an amazing lineup of guests joining us to share their insights. Let's get into it!

Meet Today's Guests

Joining me today are some wonderful mediums and spiritual practitioners:

- Sue Quigley – A color intuitive energy worker and psychic medium from Broadstairs, Kent.
- Lisa Jesswein – A psychic medium from Royal Oak, Michigan, with a business called Intuitive You.
- Jennifer Fezio – A spiritual medium from Houston, Texas, running Intuitive Insight.
- Louise – A seasoned psychic medium with over 11 years of experience, running Beyond the Clouds.

We're missing the lovely Laurie today, but we're sending her lots of love!

Why Do We Incarnate? The Big Question

One of the biggest spiritual questions is: Why do we come here?

You hear different theories everywhere:

- We come here to learn and grow.
- We return to fulfil karma and soul contracts.
- We come purely for joy and creation, as Abraham Hicks suggests.

So which is it? Or is it all of the above?

Jennifer kicks things off by saying that she sees incarnation as part of soul evolution. We're here to stretch, experience, and balance the physical with the spiritual. We might not always be here to learn in the traditional sense, but rather to expand and integrate experiences.

Sue adds an interesting perspective—our human minds seek exact answers, but the soul operates on a much broader level. If we channelled our souls right now, they'd probably just say, "You're here to love and experience joy." Yet, we get bogged down in intellectualizing it all.

Does Learning Ever End?

I ask the group: Can you reach a point in life where you've learned everything your soul needed, and then just coast until you pass away?

The unanimous response? Absolutely not.

- Life is a constant balancing act. Louise shares that even when we reach higher levels of awareness, new challenges appear—ones we thought we'd already dealt with. The same lessons come back in new forms until we've truly embodied them.

Mediumship Matters Podcast Transcripts

Jennifer reminds us that free will is the dominating law here. Even if we have a pre-planned soul path, life constantly shifts and changes based on our choices and external circumstances.

Are Souls Imperfect?

If souls are already divine and connected to source, why do they need to evolve? If we're already perfect, what's the point?

Lisa shares her near-death experience (NDE) perspective—when she crossed over, she felt immense joy and didn't want to return. But she was told she had more to experience. That moment made her realize that souls choose to come back, even if from our human perspective it seems like madness.

I push the conversation further: If time doesn't exist as we understand it, and souls are already in a perfected state, could it be that we've already evolved?

Sue jumps in to say that we may never fully grasp the answers in human form. It's like trying to explain the internet to an ant—it's beyond our current capacity. And maybe, that's the point.

The Fragmented Soul Theory

This is where things get really interesting! I bring up a concept I heard from author Melanie Vez's book—what if our souls are multi-faceted, existing in multiple realities at once?

Jennifer agrees, saying that during readings, she's seen spirit with multiple family members in different locations at the same time. This suggests that the soul is capable of existing in multiple places simultaneously.

Lisa takes it a step further, comparing it to the multiverse theory—what if different versions of ourselves are living out different choices simultaneously? Mind-blowing, right?

Mediumship Demonstrations: Challenges & Realizations

Louise shares a personal experience about why she stopped doing public mediumship demonstrations. She had a particularly difficult event where an audience member became angry that she didn't receive a message. The situation escalated to shouting and even threats.

This sparked a discussion on the energy of an audience—how one skeptical or hostile person can shift the entire dynamic of a demonstration. A heavy, resistant energy can block the flow, making it harder for spirit communication to come through clearly.

For many of us, this has led to a shift in how we approach mediumship. I personally feel drawn to smaller, more intimate events, rather than large demonstrations where people expect entertainment rather than connection.

The Role of Alcohol in Mediumship Events

A fun but serious debate emerged when Lisa, who works in the U.S., was shocked that UK mediumship events sometimes allow alcohol.

Sue and I laughed, explaining that in non-church venues, many demonstrations happen in places with bars. The problem? There's a big difference between having a glass of wine and getting hammered before a reading. And unfortunately, drunk audience members can be incredibly disruptive.

Jennifer summed it up perfectly: "Some people are just a little cray-cray."

Mediumship Matters Podcast Transcripts

Oneness: Are We All One Soul?

Louise raises an intriguing thought: What if we are all actually one soul, just experiencing different lives simultaneously?

The idea of oneness is prevalent in many spiritual traditions. If we truly are all connected, could it mean that every single person on this planet is just another aspect of you?

I take it further: What if the entire human race is just one giant soul, split into different experiences?

Louise has a great counterpoint—if that's true, then does that mean we are also the bad people?

Could we really say that we are connected to people who have caused immense harm?

Sue provides an answer that makes us all pause—perhaps those souls choose to take on those darker roles as part of a bigger purpose, even if we don't understand it from this side.

Final Thoughts & Takeaways

Today's conversation was huge, and we only scratched the surface. If anything, we've proven that the more you explore spirituality, the more questions arise!

Some key takeaways:

- We are always evolving. Even in spirit, growth continues.
- Mediumship is a vulnerable process. The energy of the audience matters a lot.
- Oneness is a big question. Are we individuals, or all part of a collective soul?
- The soul is multi-dimensional. Spirit can be in many places at once.

I'd love to hear your thoughts! What do you believe about soul evolution, oneness, and past lives?

Drop me a message and let's keep the conversation going.

Thanks for listening to Mediumship Matters! Until next time. 🌟