



# Mediumship Matters Podcast Transcripts

Season 2 Episode 16

## Interview with Ella Davey

### Introduction

Hannah Macintyre:

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre. Today, I have a very special guest, Ella Davey. Unlike many guests who come on to promote something, Ella is here purely to share her experience and help others who might be struggling with grief and loss.

### Ella's Story: Grief & Spiritual Awakening

Ella Davey:

I was drawn to your podcast because of my own journey. I lost my mum when I was 21—she was my best friend—and I want to help younger people understand how spirituality has helped me navigate grief.

I've learned that grief can take you in two directions: you can either fall into despair, or you can find a way to heal and grow. For me, spirituality was the key to healing, and I hope my story can help someone else.

### The Diagnosis: A Family's World Turned Upside Down

When I was 21, my mum started experiencing symptoms—headaches, confusion, blurred vision—but doctors initially dismissed it as anemia. Then, on New Year's Day, everything changed. She collapsed, and after a series of tests, we were told she had a grade five brain tumor.

We were given two choices: she could opt for no surgery and live for about a month, or take the risk of an operation that might extend her life. We didn't know at the time how serious things were because my dad tried to protect us. But after surgery, she was left paralyzed on her left side. She was never the same again.

She passed away on August 28th that year. Even though we had more time with her, she wasn't the mum we knew. That's a difficult kind of grief—losing someone while they're still here.

### A Spiritual Connection: The Afterlife is Real

Before my mum passed, we had an agreement. I asked her that if the afterlife was real, she should give me a sign. She laughed and agreed, saying she'd find a way.

Here's where it gets incredible. A year before she died, I had booked a reading with a medium, Stephanie Carr. That appointment was scheduled for the morning after my mum passed away. I still went. I was in a state of shock, but something told me I needed to be there. I didn't say a word to Stephanie about my loss, yet she immediately picked up on my mum's presence. And then she said the exact words my mum had promised: "Afterlife is real."

It was undeniable. That moment changed everything for me.

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## The Journey into Mediumship

After my mum's passing, I started noticing signs everywhere—feathers in impossible places, perfectly timed songs on the radio. I knew she was still with me.

Eventually, I joined a spiritual development circle led by medium Ryan Gooden. At first, I doubted myself constantly. Was I really sensing Spirit, or was it just my imagination? But I quickly learned to trust the messages.

One evening in the circle, we were asked to intuitively pick up on someone's energy. I kept seeing an image of a car jack collapsing. It made no sense to me, but I shared it anyway.

The woman in the circle broke down in tears—her husband had nearly been crushed by a car jack just that week. That was the moment I realized I had something real.

## Grief & Signs from Spirit

Spirituality has made my grief easier to bear. I still miss my mum every day, but I know she's around. One of the most incredible experiences happened when I was awarded a national recognition at work. The award ceremony was originally scheduled for two weeks earlier, but it got moved—to the exact anniversary of my mum's passing.

That night, after winning, the DJ played Dancing Queen by ABBA—my mum's song. It was as if she was right there, celebrating with me.

## Advice for Those Grieving

Grief is unpredictable. It comes in waves—the big ones you expect, like anniversaries, and the little ones that catch you off guard.

If you're struggling, my advice is:

- Allow yourself to feel everything. Don't bottle it up.
- Look for signs, but don't force them. Spirit will reach you when the time is right.
- Find a community that understands. A spiritual circle or even just talking to someone who believes can make all the difference.
- Know that your loved ones are still with you. Just because you can't see them doesn't mean they're gone.

## Closing Thoughts

Hannah Macintyre:

Ella, thank you for sharing your story. You are such an inspiration, and I have no doubt your mum is incredibly proud of you.

To everyone listening—if you're navigating loss, please know you're not alone. Your loved ones are still with you, and healing is possible.

Thanks for listening to Mediumship Matters. See you next time!

SEO Keywords: Grief support, spiritual journey, mediumship, life after death, signs from Spirit, healing through spirituality, mediumship training, connecting with loved ones, spiritual awakening, intuitive messages.