



Mediumship Matters Podcast Transcripts

Season 2 Episode 52

Time Vs Fate, Signs or Manifestations?

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing today? Before we dive in, I have a quick favor to ask. If you love the podcast, please take a moment to leave a review, share it on your socials, or snap a screenshot and pop it on your Instagram story. It would really help me get the podcast out there—things have slowed down a bit, and with so many fantastic podcasts out there (which is great for listeners), I'd love your help in keeping Mediumship Matters visible. So, a huge thank you in advance!

Upcoming Live Courses – Join Me!

I've got two brand-new online courses starting in September! These are live, interactive sessions with a maximum of 20 attendees per class. One course focuses on evidential mediumship (connecting with loved ones in spirit), and the other is all about working with spirit guides. Both take place in the evening (UK time), so they should be accessible to most of you—though I know time zones can be tricky! If you're interested, head over to hannahmedium.co.uk, where you'll see a big, multicolored button at the top of the homepage that'll take you straight to the course details. I'd love to see you there!

COVID, Surrender & A Little Patience

Now, as you can probably hear, I'm still not well. It's been eight days of testing positive for COVID, and I have to say, I'm not loving it. Every time the universe puts me in these situations, I realize just how much I hate slowing down. It's like being put on the naughty step by spirit! I know things happen for a reason, and clearly, spirit saw this coming because my calendar was left nice and quiet for it. But still, it's frustrating.

To pass the time, I've been binge-watching TV and playing my version of Theme Hospital (throwback to the '90s!). But I'm also still getting ideas and inspiration from spirit—so at least they're keeping me company.

Mind-Bending Questions: Time, Destiny & Free Will

Let's dive into some listener emails! First up, Kim writes:

“Hannah, I've been thinking about a couple of things that have come up in your podcast, and I feel like I've found a glitch in the matrix! I agree that destiny is in our hands and that fortune telling can only give us potential possibilities. But if time doesn't exist—that it's just a human construct—and everything that has ever happened and will ever happen is happening simultaneously, then doesn't that mean everything is predetermined? If it's already happened, are we just playing out what's already been set in motion?”

Kim, my brain hurts. Honestly, sometimes I think I've wrapped my head around this concept, and then poof!—smoke comes out of my ears.

So here's my take (or at least, my best attempt at explaining it):

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I believe we do have free will. Think about times when you've consciously chosen to take the higher ground, stay calm, or respond differently than your usual instinct—those decisions shape what happens next. But at the same time, if we consider that our soul experiences every possible outcome of every choice we make, then does that mean choice is an illusion? Maybe somewhere, every possible version of us is playing out a different reality.

That said, I firmly believe we can shift our vibration and change the course of our lives in any given moment. One small decision—like choosing gratitude over frustration—can alter everything. And while we might not ever fully understand how time, free will, and destiny all interconnect, what matters is how we show up in this moment.

If anyone out there has a clearer way to explain this—help me out! Drop me a message!

Signs from Spirit or Manifestation?

Next, Abigail Lark writes:

“Hi Hannah! I asked my brother in spirit to leave me a red sock, and within three months, it happened! But then I started wondering—was it really from him, or did I just manifest it?”

Great question, Abigail! And the answer is... there's no difference.

When we pass, we become part of the one—the collective consciousness, source energy, God, the universe—whatever you want to call it. Your brother is the universe, and the universe is your brother. So whether the red sock came directly from his energy or the greater spiritual whole, the message and the love behind it remain the same.

And listen, I totally get how mind-blowing this concept is. We still perceive our loved ones as individuals, and they do present themselves that way to us because it's comforting. But in spirit, they are also everything—every soul that has ever been and ever will be.

So yes, you manifested the sock with the help of your brother! And that's pretty amazing.

Spirit's Sense of Humor (AKA, Be Careful What You Ask For)

Speaking of signs, I had my own interesting experience recently. While I was feeling particularly awful with COVID, I asked spirit for a sign. A few hours later, I heard a flapping noise in my bedroom. I lifted my head, opened my eyes, and saw a butterfly. Lovely, I thought—until it decided to fly directly at my face!

Now, I don't mind bees or wasps, but big, floppy-winged butterflies too close? No, thank you! I panicked, dove under the covers, and could still hear its wings flapping near my head. Safe to say, spirit definitely has a sense of humor.

The moral of the story? If you ask for a sign, be ready for how it arrives!

Final Thoughts

I hope today's episode made sense—despite my COVID brain fog! Thank you for all your amazing questions, and please keep them coming. If today's discussions have left you thinking (or even a little confused), that's a good thing! Spiritual growth isn't about getting all the answers in a neat little box—it's about evolving, questioning, and allowing understanding to unfold in its own time. Oh, and don't forget to check out my upcoming courses at hannahmedium.co.uk! I'd love to have you there.

Take care, and I'll catch you next time!