



Mediumship Matters Podcast Transcripts

Season 2 Episode 81 - Listener Questions

Hannah Macintyre: Hello and welcome to Mediumship Matters! I'm your host, Hannah Macintyre, and today, we're diving into some of the biggest challenges in mediumship: resistance, spirit communication, and the evolving journey of evidential mediumship. I've been doing a lot of interviews lately, and while I hope you've enjoyed them, it feels like ages since I've had a good old chat with you all. So let's get into it!

The Role of Resistance in Mediumship

Last night, I was teaching my Elevate group—a course designed for mediums who are really serious about progressing—and we had a big moment of realization.

We're nearing the end of the 2022 Elevate program, and my students are preparing for their demonstration event—a live audience experience to showcase their abilities. And guess what? The resistance kicked in.

- “I don't think I'm ready.”
- “Maybe I'm not cut out for platform mediumship.”
- “What if I fail?”

These thoughts are completely normal, and they never fully go away. When I first started, I believed that surrendering to spirit would mean a permanent state of flow and ease—but I now know that's not the case.

Resistance is part of the journey. It shows up at every stage:

- Beginning: “I don't know if I can do this.”
- Early successes: “What if I can't do it again?”
- After an amazing reading: “That was a fluke—I'll never top it.”
- Pushing beyond comfort zones: “20-minute reading? Impossible!”

And yet, time and time again, when we push past that resistance, spirit shows up.

Breaking Through Personal Limitations

Mediumship isn't just about talking to spirit—it's about getting comfortable with being uncomfortable.

For example, last night, I challenged my students to do 20-minute readings. Instantly, resistance flared up:

- “20 minutes?! That's too long!”
- “I'll run out of things to say.”

But the truth is, spirit is infinite. A person's life can't be summed up in 20 minutes, or even 45! The only real block is our own mindset.

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It reminds me of my own struggles. I run (very sporadically), and the other day, my brain tried to tell me I wouldn't make it up a hill—even though I wasn't even out of breath! Our minds love to create limitations, and it's up to us to push through.

Spirit Communication is Easier Than You Think

One of the biggest myths I hear is that you need to wait for a specific amount of time before you can communicate with spirit.

That's simply not true.

I've had students—complete beginners—bring through incredible evidence in their first ever session. Mediumship isn't about earning the right to communicate—it's about being open.

This week alone, I've had students bring through stunningly accurate messages—proving again and again that spirit is always ready.

Q&A: Exploring Spirit, the Afterlife & Free Will

I love answering your questions, and today's selection is a mix of deep, fascinating, and slightly cheeky topics!

1. Do spirits experience pleasure in the afterlife?

Question from Katie: Do people still experience intimacy in spirit, or is that a physical thing?

Such a great question! My understanding is that spirit can reach states of incredible bliss and euphoria, but it's different from the physical experience.

On Earth, intimacy is often one of the few times we're fully present, without stress or distractions. In the spirit world, that state of being present and connected is constant.

So while there's pleasure in the afterlife, it's not the same carnal need we experience here.

Oh, and fun fact: I once had a very interesting meditation experience where I... um... interacted with what I believe was an incredibly attractive angel. 😳 Let's just say, it was a bit steamy! But hey—spirit works in mysterious ways!

2. Can mediumship work in a second language?

Question from Marika: English isn't my first language—will that make evidential mediumship harder?

The honest answer? It can be more challenging, but it's absolutely possible!

Mediumship works best when we're not stuck in our logical brain. If you're constantly translating words in your mind, it can slow things down.

But I know several multilingual mediums who are amazing at what they do! It just takes patience and the willingness to navigate those extra layers.

3. Why didn't my spirit message come true?

Question from Anonymous: A medium told me something would happen, but it hasn't. Did spirit get it wrong?

This is a big one. Spirit will never take away your free will. They can guide and encourage, but ultimately, your life path is your choice.

If something predicted didn't happen, consider:

- Did you take aligned action toward that outcome?
- Did the other people involved change their path?
- Was the medium working psychically rather than evidentially?

Spirit isn't here to spoon-feed our future—they empower us to make our own choices.

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4. Why don't spirits always come through when requested?

Question from Finn: If someone asks for a specific spirit, do they always show up?

Most of the time, yes! But occasionally, they don't, and here's why:

- The sitter isn't emotionally ready to hear from them yet.
- A different spirit steps in first to prepare the energy.
- The medium's own blocks might prevent the connection.

It's never about the spirit not being there—they're always with you. But the energy at play can influence who steps forward first.

Final Thoughts

I hope today's episode has given you clarity, reassurance, and maybe even a laugh! If you take one thing away, let it be this:

- ✨ Keep pushing through resistance.
- ✨ Trust that spirit is always there.
- ✨ Let your journey unfold naturally.

If you enjoyed this episode, please share it and leave a review! Your support helps keep Mediumship Matters growing.

Until next time—keep shining your light! ✨